

PE and School Sport Action Plan

Mount Charles School 2017–2018

Background - The primary school sport premium investment goes direct to primary school and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled to £19670.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive funding which they can use to support the above outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc. for additional sport sessions.

The total funding for the academic year	2017/18	Funding allocated
Lead Member of Staff – Shaun Grigg	2017/2018	Governor responsible – Julie Barr/Verity Wendon
Total fund allocated - £19,670	To be Updated – Jan 2018	

Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
New PE scheme resources	£400	Enable effective teaching of new scheme. Full range of skills taught using new equipment. Staff have found these plans easier to use. Colour coded resources have aided this. Staff have reported that pupil engagement is high.	Future funding of resources and playground markings that can aid development of these activities.
Playground markings- into boxes. This is to aid the game element of the Val Sabin PE plans (top yard needs old markings redone as well e.g. tennis courts)	£200		
Active maths sessions through Maths of the Day	None		
Subscribe to Go noodle website and introduce to staff.	Free resource	Review weekly participation across KS2. Agree aims with maths coordinator	So far uptake varies, though classes that are using this are reporting that pupils are more focussed when returning from these activities
Huff & Puff	£Contracted hours	SG to trial in Sport assemblies in Spring Term with a view to rolling out to classes as part of the 30 minutes activity a day (wake and shake)	Option to upgrade to premium service if feedback positive.
		½ hour every day on top yard, run by teaching assistants to encourage activity	Popular with all age groups. Having TAs running this with Prefects is having a positive impact on behaviour. Also, it has helped to promote positive role models for younger children.

Resources for Huff and Puff equipment to support active lunchtimes	£200	Popular with children. Prefects to monitor and survey uptake.	Role for prefects to help organise games with new equipment
Extra staff at KS2 playtime. SG to be on duty every playtime.	Contracted hours	More ball games in middle playtime. Games organised and run when needed.	
TA play leaders and targeted support at playtimes	£480	More physically active lunchtimes both through sports clubs on offer and adult led playground activities. Support for small number of children that find it difficult to join in appropriately with games with their peers.	Prefects, together with Play Leaders to develop led activities to increase participation. We have doubled the amount of children playing ball games in the middle yard. Children are being encouraged to referee their own games. This increased participation has led to improved behaviour at playtimes. The extra staffing has helped to support this. We will continue to promote this. Work on integrating children into unsupported active playtimes
Funfit program	£480	Every morning, selected KS1 & KS2 children have active start to the day that helps make a smooth transition into first lesson.	Staffing to be reviewed annually. Each teacher to have input into which children are able to benefit from this program
Investigate new course and timetabled slot for a Mount Charles Mile. May need playground or route markers	£50	Increased physical activity. 10 minutes daily towards the recommended 30 minutes.	A timed element could be introduced and 'personal bests'. The daily mile has been linked with the Healthy Schools Award. Staff have been allocated to this and we are working towards the award.

Resources to update gym equipment and improve delivery of gymnastics in PE time, especially that offered to KS1	£2870	Mr B and Mr G incorporate use of new equipment into planning	Every class has used it this year. All classes have been allocated dance and gym slots and this will continue next year. We have used the Val Sabin plans to aid less confident non specialist teachers. This has linked well with the CPD we have organised. It has also been supported by Aspire Academy who have run infant clubs. KS1 CPD to encourage confidence teaching gym across school
Bikeability program for year 5	Funded by MCSN	Teach children important life skill	Extend the offer. Year 4 could be offered training.
Balanceability- Pack including 10 bikes and helmets and teacher resources	£900	New resource to develop physical literacy of KS1 children	Buy further bikes. EJ to cascade training to other KS1 staff
Swim coaching	£3300	Continued commitment to over 90% of children being able to swim 25m by year 6. KS2 to receive half termly sessions. Development of swimmers to compete in galas via Speed Swimming Club	Continue to raise percentage rate passing 25m. Introduce certificates from The Swim Charter recognising self-rescue skills. Maintain excellent record in St. Austell area gala, and School Games.

Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Pupil leadership at MCS Sugar smart play leaders	£325 course fees	Arena group run training and provide resources to monitor and assess success. Could involve year group, or whole class being trained.	First step in introducing play leaders to the school giving older children the opportunity to take on roles and responsibilities. We will aim to be involved in the School Games Leaders programme at the next opportunity Using play leaders to develop offering further. Change 4 life clubs researched, to reach those still not engaged.
New assessment and tracking program in PE through Absolute Coaching	£325 annual subscription	Groups of children can be identified more readily. Success can be monitored and documented.	Areas for development identified through better assessment.
Sports Assemblies every two weeks	None	Valuing participation and encouraging further participation	Intra school competitions and trophies for sporting success
MCS logo swim t shirts	£225	Maintain high profile of a swim team and encourage sense of belonging	
School games mark. Investigate Youth Sports Trust mark and update our School Games Mark status	£ 75 Supply costs	Ensure we are offering high quality provision in PE and school sports.	There are different levels from bronze to gold to build towards. Also there is a YST quality mark.
Investigate the Penryn Assessment model introduced at MCSN conference.	None	This is a whole school model and has strong links to health and well	Spreadsheets can track progress across school in these 6 strands

Being part of Mid Cornwall Sports Network	£1696	being. Six strands of assessing performance in PE-health&fitness, personal, social, cognitive, physical and creative Our area provider of cluster sports events. CDP for members. Regular area meetings and updates on best practice in PE and school sports.	MCSN to provide opportunities for more competitions for KS2 and more festivals for KS1
Being members of sports associations that will provide various CPD opportunities and access to resources and competitions			
<ul style="list-style-type: none"> Balanceability membership 	£50	Display in foyer, resources for teachers	Long term aim for all children leaving KS1 to be able to balance, raising profile of cycling as a popular physical activity
<ul style="list-style-type: none"> Youth Sports Trust membership 	£200	Access to Free CPD and online resources. Policy updates.	
<ul style="list-style-type: none"> Swim Charter membership & water safety certificates-self rescue started and we will start the awards in 2nd half spring term 	£200	Use of resources for 'Self Rescue'. Access to CPD opportunities.	Self-rescue embedded into swim coaching across all abilities. Be able to report on the percentage achieving this.
<ul style="list-style-type: none"> Membership of local sports associations e.g. St. Austell Primary schools football/netball/athletics 	£200	Full participation and support of local sporting opportunities and competitions	Involvement in committee
<ul style="list-style-type: none"> Kwick Cricket entries-Cornwall Cricket Board 	£25		
Trophies and engraving	£60	Celebrating success and end of year awards	
Survey parents and children			

	None	Understand what is missing from our current offer. Target spending to address this	This has provided information that we have acted on last year and our aim is to continue the start we have made.
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Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Embed teaching of new PE teaching scheme purchased last year-timetables rearranged, ensure topic coverage	None	All year groups being taught from Val Sabin plans. Improvement in range of skills demonstrated by children	Review success and areas for improvement with staff. Monitor improvements in children's skills. Wider range of children prepared for team and competitive sports as they move through the school While MCS has specialist PE teachers, all staff are now using these plans successfully. Initial feedback is very positive, including ease of use, increased confidence and engagement of pupils.
Arena Sugar Smart Conference for PE lead and SLT	£195	Up to date with current policies and initiatives. Advice on completion of this document. Ofsted training.	Prepare Ofsted ready overview that demonstrates excellent PE provision at MCS.

Outdoor Education CPD for PE lead	Free from MCSN	Orienteering developed. Course planned	Linking with local schools for competition
Investigate swim coaching CPD –MCSN	£400 (ASA) MCSN free beginner course	New coaches training (SG plus 1 other) ASA qualification for swim lead RN	Maintain high quality provision for curriculum swimming. Ensure continued success in competition.
CPD Grass Track Coach to run sessions in school-work alongside teacher	£200	Grass track team started. Cycling promoted as part of an active lifestyle.	Look to compete in future school games with a view to having own bikes
CPD Dance- coach to run sessions in school-work alongside coach. Contact Spindrift dance company.	£650	More dance requested on recent surveys. Need for more expertise within the school SG and LB to receive CPD	Confidence to offer better quality dance in PE. Support for dance club.
CPD Dance MCSN	Free as we are members	GB to attend in March This will support Val Sabin plans for KS1 dance	GB cascade training
Balanceability course. CPD for a member of KS1 staff.	None	We are hosting a training day and receive a free training place. Raise standards of physical literacy from an early age. Promote active lifestyle through cycling.	Bikes can be used in variety of ways-during PE, for clubs The training has come late in the year, but it is our intention to assess our current cohorts. We will be able to set targets for % of children who can use balance bikes. We will be looking to invest in pedal bikes next year as a next step in cycling

Survey staff on own ideas for CPD they would like to improve quality of teaching. (Summer 2018)	None	Staff involvement	<p>We have more staff involved in school sports this year. We have increased the number of staff running extra- curricular active clubs this year. While six staff ran most of these last year, all members of the Infants and Juniors have run at least one active club this year. This is having a positive impact on pupil participation. Staff have been able to target inactive children in their own class and cohort.</p> <p>Future funding can be targeted for most impact.</p>
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Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Street surfing offered through Go Active	Paid for club	Popular club in both Autumn and Spring term	Go active have a number of options that we can consider. Develop to use premium fund to subsidise PP children.
Dodgeball offered through Go Active	Paid for club	Good uptake so far-shows that paid for clubs are a good option for MCS	Each Go Active club offered has been full. There are children attending these clubs who have not attended our previous clubs.
Club offer increased.		All members of staff running clubs. Higher percentage uptake by pupils-to review by pupil surveys	Introduce new clubs chosen from children's survey responses. Five new clubs have been offered this year including Tennis, Multi-skills & Girls football as well as those run by Go Active. Over 70% of Years 1-6 have

Plymouth Argyle KS1 Football Club	£700 approx. for 2 terms	Wider choice. More physically active clubs offered to KS1	attended at least one active club this year. We have seen an 11% increase on last year.
Aspire KS1 dance club	£700 approx. for 2 terms		
Aspire KS1 Gym club	£390	Summer term club requested on survey	
Go Active alternative sports day. Collapsed timetable, Go Active to offer sports including archery, zorbing	£600	All children to have tried new physical activity	Annual event if positive feedback
Go Active Festival-coach delivered 4 sessions on alternative sport. This led to opportunity to attend a local interschool competition at Carn Brea Leisure Centre	£100 reduced introductory offer + transport (see below)	Focussed on offering children not currently involved/PP children Promote active lifestyles. (Year 3 & 4 children)	Go active have other sports to select. Also, other sport groups are offering packages e.g. RFU and Cornwall Cricket, so more to try. Most of the 60 children that participated in this and the KS1 sessions had not been involved in our sports clubs prior to these sessions. We will continue to monitor the positive affect of encouraging these children to feel more confident playing sport.
Go Active multi-skills sessions and festival	£200 + transport (see below)	Year 1 & 2 children to take part in this 2 nd festival, starting March	
Go active disability sports coaching	£270	Follow up on last year's successful sessions	Look into offering some of these sessions at lunchtime for targeted children
Table Cricket Festival and training session	£transport (see below)	Festival for 7c at Truro College	Liaise with JC about further offer

Balanceability- develop physical literacy of KS1 children Pack including 10 bikes and teacher resources	£Cost Allocated in Key indicator 1	Regular, timetabled use will be arranged	Our leader can continue to run this once trained.
Orienteering course set up	£100 donation to BOS	School mapped by the British Orienteering Society. Better facilities to use in PE. Aim to start club offered to selected children.	Lunch time/ After School Club and interschool fixtures Staff training from me

Key Indicator 5 : Increased participation in competitive sport

Actions	Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps
Girls football fixtures	Transport £ see below	Raise profile in line with national push to develop girls football this.	Aim to have a girls football team each year with a number of fixtures.
Lunch time Girls Football club for year 3 &4	BR runs this	Involve girls in a new sport	Build popularity to develop girls team
MCSN girls football festival for year3 and year4 girls	£ (transport see below)	Opportunity to experience competitive sport	Encourage these girls to play competitively as they enter KS2. Establish links with local clubs.
C team football fixtures	None	Fixtures for those attending the lunch time football club.	Introduce more children to competitive fixtures and representing their school for the first time.
Increased participation in School Games qualifiers/competitions and local festivals-MCSN	£500 to MCSN for running these	Target sports that we could do well in, such as Hockey	Develop additional sports teams through lunch time sessions and coaching from local clubs e.g. Link to St. Austell Hockey Club

Orienteering team to visit partner school	Transport £See below	Selected children offered. Wider offer that will introduce children to competitive sporting activities.	Links to British Orienteering Society locally and looking for fixtures with schools within the PLT
Increased participation in 5 area cross country races at Par-bus instead of minibus travel.	Transport £See below	Raise profile of running at MCS	To produce more competitive runners through use of 'personal best' cross country sessions. Look into whole Key Stage Cross country events alongside the Mount Charles Mile
Intra school competitions	None	Run by house, or as cohort competitions. Trial in PE lessons	Aim to increase the number of times all children play competitive sports at MCS
Transport costs for inter school fixtures and events	£ 2104		We have involved more children in competition this year. Partly this is through a wider involvement with the school games. We have attended 39 events to date this year. In addition, we have played 10 football and Netball league fixtures and attended the 5 area cross country races. 64% of KS2 have competed for their school so far this year.
Other supply costs for events	£ 300		49 children were doing so for the first time (20%) The list of events is on our website

			The increased participation has led to more staff involved in attending competitive events. Staff have been keen to be involved and five teachers have attended events for the first time this year.
Meeting national curriculum requirements for swimming and water safety			Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?			91%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?			67%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?			74%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?			Yes
Total funding - £16,000	Total funding allocated to date – £13,200		Total funding to be allocated - £2,800