

PE and School Sport Action Plan

Mount Charles School 2025–2026

Background - The primary school sport premium investment goes direct to primary school and is designed to support improvements in the quality and depth of PE and school sport.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive funding which they can use to support the above outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc. for additional sport sessions.

The total funding for the academic year	2025/2026	Funding allocated £19,090 (£16,000+ £10 per pupil yr1-6)
Lead Member of Staff – Shaun Grigg Sports HLTA Martin Yelland	2025/2026	
Total fund allocated - £19,090	Payments 3 rd Nov 25 and 9 th May 26	

Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
MCS has two allocated PE slots each week for all infants and juniors as recommended by the DFE School Sport and Activity Action Plan 2023 guidance. Where possible one of these slots is taught by a PE specialist. In KS2, each year group has one intensive swimming week which replaces one of these slots.	We use a high-quality PE resource published by Val Sabin to support planning and delivery of PE at MCS. We cover all the objectives outlined in the National Curriculum Swimming is taught in weekly blocks. Our local pool provides swim coaches assisted by our staff.		We are covering all the PE objectives detailed on our progression map through the two weekly slots. Inactivity is still a national issue. Our circuits (recovery) unit helps our children focus on personal best and being active. We monitor the success of our PE provision and keep records of children that need more support as well as those that excel. The priority we place on PE at MCS is continued in our extra-curricular offer. This year we are offering football, netball, girls' football, dance and multi-skills, tennis, athletics, cricket, basketball and golf	Historically, we have had swimming data that is above national expectations. However we now have one, rather than two intensive weeks of swimming. We have traditionally had over 90% of pupils reaching national expectations. This year it is down from 78% to 70% which is slightly below the national average of 73% for last year. We would look to allocate any funding available to this as we live in a county surrounded by the sea and it is such a vital skill for our children. There has been some additional funding from Active Cornwall this year for a targeted group. We have worked with Active Cornwall, our local pool and parents to promote and encourage take up of this offer. To date five children have attended at least one session. However, we were unable to fill the other ten spaces despite our best efforts.	
Encourage use of equipment & active playtimes	Class TAs are with their own classes at breaktimes. This relationship should mean that it is easier to engage children and to take part in their active breaks	£TA hours	Children engaged in active playtimes. We rota year groups onto different playtimes so each gets to have ball games. Also, each year group uses the Playground equipment to build their gross motor skills.		
Encourage use of equipment & active playtimes	Buy new equipment and introduced some team games with new playground rules -	£funded through PP, some PE	This has had a very positive impact on activity as many that were switched off by the same available activities are now engaged. Having	The success of this will be built upon. The successful games will be kept. Others will be introduced on a rolling basis. We will maintain	

Encourage use of equipment & active playtimes.	cricket, four square, football and handball	resources shared	clear rules, numbers that can play and adult monitoring has helped this succeed. As a result, behaviour at playtimes has improved.	and replace the equipment regularly to ensure activity does not drop off.
Sports HLTA to Coordinate playground games, and maintain equipment.. Co-ordinate and supervise the Play Leaders. MY will offer wider opportunities for school sport by running clubs after school and attending festivals and competitions both during and after school.	Train Play Leaders (current year 6)	£ Included in our PSSP subscription	34 of our Year 6 children were trained as Playleaders at the end of year 5. They are on a rota to work with our younger children to promote games and physical activities.	Going forward, M Yelland (Sports HLTA) will train the next group of playleaders from the current year 5.
	Employ Sports HLTA (Mr Yelland)	£16,650	Mr Yelland has been able to promote physical activity at breaktimes and lunchtimes. He ensures we have suitable play equipment and organises and monitors the Play Leader role. He delivers an after-school club most days enabling us to keep a wide extra-curricular offer. He helps to organise the administration of running clubs and in bringing in external providers. Mr Yelland helps to organise our attendance at fixtures, competitions and festivals. He works with the School Sports Lead to select children for events using the data we record on the Absolute Education APP.	MY has continued to promote sporting opportunities across the school this year. This year he has run Football, Girls Football, Basketball, Tennis, Cricket and Athletics clubs. He has taken teams to football and netball fixtures in the Autumn and Spring Term. He has helped to organise cricket fixtures at St Austell Cricket ground in the Summer Term. He has taken children to the festivals and competitions we have entered via the PSSP and has taken children to School Games events.
Keep PE teaching resources up to date. Maintain high quality, active PE sessions. Keep a dedicated store of PE equipment separate from	Replace & update resources	£146.95	We have an inventory of all the PE and School Sports equipment. We have maintained it this year and have only needed small top ups including bean bags, shin pads	We don't anticipate any large expenses next year. We will need to replace tennis balls, playground footballs and some indoor PE resources such as air balls and beanbags

playground equipment. Update Sports club equipment.				
Improve storage facilities	Replace broken gymnastics trolley	£629.98	The upright trolleys should improve storage and allow staff to access Gym mats more easily.	Some have been reluctant to get out equipment due to poor storage and accessibility. This should alleviate the problem.
Maximise activity during PE lessons	Children continue to come to school in PE kit on PE days	£none	In previous years we have provided a limited amount of spare PE kit through the premium. PE Days are well established now and children arrive at school ready for PE.	Next year we are looking at having a PE afternoon once per week
Engage children in more regular exercise.	Offer a wide range of active extra-curricular clubs.	£costs included in MY role	We have good numbers attending active clubs. We keep records of attendance. Our figures: 60% have tried at least one physical club (65% last year). This included 34% of our SEND children (43% last year) and 48% of our PP children (57% last year). Our figures for all extra-curricular clubs were: 71% at least one club (78.% last year) 56% of SEND (55% last year) 61% of PP (71% last year)	Club data has been strong again this year and reflects the importance we place on involving children in all aspects of school life at MCS. There is a slight drop in physical clubs,. This is mainly a result of our Wednesday slot which MY used to run throughout the year. As MY is teaching more regularly across a wide range of subjects, he now attends staff meetings on Wednesday after school.
Engage children in more regular exercise.	Use external providers to enhance our club offer	£98	We invited back Dance4Real who ran a popular club last year. There was a shortfall cost in a term when we couldn't fill the club spaces	As this largely funds itself, we will consider running this club again next year, though for a limited number of terms so we can fill the spaces.
To raise water confidence and love of swimming at MCS.	Intensive week swimming lessons for KS2. We will review	£ parent contributions		Slots are booked for next year.

	those not reaching expected levels and consider top up sessions using the Sport Premium next year	and part PP funding	All KS2 classes will have one intensive week of swimming lessons this year. Progress will be monitored.	
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Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
Effectively store and use data collected about Sports, PE and Extra-curricular offer at MCS.	Subscribe to Absolute Education.	£325 subscription	We are using this to record club registers. We will also record participation at sporting competitions, festivals and events. We will use the data to identify our less active pupils and look at ways to address inactivity.	We will subscribe to this App next year as well. It allows us to store Sport Premium information in one place. It also produces useful reports that we use to track our progress towards targets for attendance at clubs and sporting events.	
Raise the profile of PE and school sport by offering 'a wide range of extra-curricular sport and competitive opportunities' (DFE School Sport and Activity Action Plan)	Subscribe to Poltair School Sports Partnership (PSSP). Allow access to The School Games	£2000	This gives us access to a variety of festivals and competitions with our local area schools. This will include entry to School Games qualifiers and the Mid Cornwall Cross Country competition. PSSP make every effort to offer a broad range of competitions aimed at different abilities. The aim again this year is to mainly arrange events for children that have not had opportunities to represent their school previously.	This is the fourth year of the Poltair School Sport Partnership (PSSP). It is an important element of our children's access to competition. A number of schools, including MCS have been part of meetings aimed at assessing and improving the offer provided by PSSP. Our trust is looking at closer involvement from all our primary schools and are considering ways we can utilise the expertise in our primary schools to deliver future sessions. With the absence of funding at primary level, the secondary schools in our trust alongside primary colleagues will continue to run and offer a similar programme next year.	

Creating relationships with relevant external bodies	Local sports clubs to deliver taster sessions in school time	£ Aim is for free sessions	St Austell tennis club have been into MCS to offer a series of taster sessions	There is further work to do here. It is appreciated by parents and helps us direct our children to local sports clubs. It can vary from year to year depending on funding given to local sports bodies.
Celebrating achievement Weekly Annually	Sports superstar awarded each week in assembly. Sports awards assembly	£47.08	Each year we award trophies for sporting achievement. We recognise success, attitude and teamwork in various sports.	We will discuss with the new subject leader and the head how we celebrate success in PE and school sport next year. We are considering some annual medals and a celebration display board.

Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
Be informed of best practice in PE	Attend county PE conference. Attend PSSP meetings.	£included	Mr Yelland attended the conference and attends PSSP meetings with Mr Grigg	Next year we will attend to learn about the new funding that replaces the Primary Sport Premium and to be involved in decisions about how the trust ensures the best sporting opportunities for our children.	

Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
Encourage children's interest in a new sport. (and creating relationships with relevant external bodies-see KI2)	Golf extra curricular club	£ Self funded	MY has arranged sessions with the Golf Pro at Porthpean golf club. The club runs from 4:30-5:30 and children are dropped by parents to negate transport costs. The aim is for it to be self funding, with 10 children paying £5 per session.	We have run this club after school hours and have 10 members. Porthpean Golf. The club do not have a regular pro, but we have still managed to arranged coaching for a reduced group. This is a self-funded and should be able to continue next year.	
Help to keep children active during holiday periods.	Active Cornwall Holiday club at Poltair School.	£none	The club offers physical activities that children may not have tried before. This includes funded places for those children in receipt of Pupil Premium. The day includes lunch. We signpost our children and parents via the Newsletter and email towards options for holiday periods.	There has been limited take up by MCS children but we will continue to signpost our families. There will also be some transition activities available and we will again signpost our families to this opportunity.	
Encourage children's interest in a new sport.	PSSP festivals.	£included in membership	PSSP offer includes some less traditional sports and certain festivals allow whole class attendance. We took over 220 children to 26 festivals last year. Attendance from other schools in our trust has increased and we	As mentioned above, the trust will aim to offer regular Monday events next year along the lines of the PSSP festivals and competitions. We will continue to be involved in the organisation and running of these events.	

Encourage children's interest in a new sport.	Penrice competitions	£none	feel a high priority is being placed on this excellent offer. Penrice have run some competitions aimed at upper juniors.	We have supported this when possible though staffing these has been tricky. Next year, Penrice and Poltair events will be co-ordinated as part of new arrangements that replace PSSP.
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Key Indicator 5 : Increased participation in competitive sport

Actions		Funding allocated	Impact (anticipated/actual including measures)	Sustainability and next steps	
Intent	Implementation				
<i>We keep records of participation on Absolute Education.</i> <i>Our participation at competitions and sports festivals was 77% (73% last year) of our children yrs1-6. This included 62% of our pupils with SEN (57% last year) and 77% of our PP children (65% last year)</i> Play league fixtures in football and netball.	SADFANA membership.	£No fees this year as agreed at AGM	Year 3/4/5/6 compete in football fixtures. Yr 5&6 compete in netball fixtures. We are active members of SADFANA (R Walters	The league has run well and the children have enjoyed some excellent competitive sport and represented their school well. We have also had some success this year	

Access FA county/national football competitions	Enter competitions and join sporting bodies where necessary	£90 affiliation fee £97 competition fee	is treasurer) M Yelland and S Grigg attend meetings We played boys' and girls' cup fixtures. There is also a boys' and a girls' tournament. As there is no local girls league this is one of the opportunities to increase involvement in girls football	winning the year 5/6 A and B football leagues! We have had both boys and girls year3,4, and year 5,6 tournaments. This year they have also run a year 2 tournament.
Home fixtures.	Penrice School have agreed to host home football fixtures.	£none	Netball and Football will be able to play home fixtures. This was trialled successfully last year and has reduced our transport costs and given our parents a chance to watch their children play.	This has again run well, with the groundsman getting the goals ready, leaving us to do a short pitch set up before we play. While we would love to have our own green space, we are very grateful to Penrice School.
Girls' friendly fixtures.	SADFANA is considering a Girls football league.	£Transport	We will continue to trial fixtures on a friendly basis on weeks when no SADFANA fixtures are scheduled.	We have played friendlies against Sandy Hill and St Mewan this year as we can walk or use St Mewan's minibus to avoid transport costs.
Increase participation in competition.	PSSP competitions and festivals.	£PSSP membership (transport-see below)	Each half term this year there will be a theme/sport aimed at different age groups. This offers regular festivals/competitions. We will aim to travel to as many of these as possible	As mentioned above we have increased attendance at sports events this year to 77% of our children in Yr1-6.
Increase participation in competition.	PSSP run cross country league.	££Included in PSSP	These are monthly from OCT to FEB for year 4-6. We will send	We have taken approximately 13 children to each race this year with 4 children

Increase participation in competition.	Organise friendly football fixtures for those not involved in league matches from the year 5/6 football club and the year 3/4 club.	membership (transport see below) £Transport - see below	teams to each event we can attend We offer football club to everyone, rather than just the school team. We will aim to offer all children the opportunity to represent their school by arranging friendly fixtures alongside our SADFANA fixtures. Children that are not regularly selected for school fixtures will still get the opportunity to represent their school.	qualifying for the county finals. We also took 9 yr1-3. Next year we will work with the secondary schools in our trust to see how we can expand this offer. We have approximately 80 children attending our football and girls football clubs. Each child has had the opportunity to represent their school this year and wear the MCS colours!
Increase participation in competition.	Cricket friendlies at St Austell Cricket club	£none	We help organise and run games with St Mewan on Tuesday evenings in the Summer term. We have arranged the free use of the ground weather permitting. Parents drop at the ground to negate transport costs.	These are mainly aimed at years 5 & 6 as there has been limited competitive opportunities offered via Cornwall Cricket this year. We have a small number of year 4 involved also. This is a great introduction to cricket and held at our local cricket club. St Austell CC are amenable to this continuing next year.
Competition for all children.	Sports day- tape, drinks, stickers. Trophy / shield engraving.	£17.39	KS1 and KS2 will have a joint Sports Day held at Penrice School. The day will include fun activities for all with Inter House competition plus more traditional sprint races.	Despite a rain delay, it was a very successful day where we were able to offer all children at the school some fun sporting competition. We were also able to have lunch on the field with our parents. This year we competed in our house colours

Allocate Sport Premium for transport costs	Hire, coaches and minibus. Share transport with other schools to PSSP events. Walk or share minibus transport for fixtures	£0 Last year we spent £ 2748.51	This year we have not spent any of the fund on transport and have saved a large amount-see next box for details. We walked to Charlestown this year (a fixture we would usually used a coach for) Also, our furthest journey (to St Stephens) was not necessary as this was a home fixture.	(kindly donated by the PTA). Points and trophies were awarded to each year group. This year we have saved on transport costs by: 1. Where possible we have walked-Sandy Hill fixtures and Swimming at Polkyth. 2. We have arranged transport with St Mewan, using their minibus. 3. We have booked the minibus's from either Penrice or Poltair secondary schools. These are free and Mr Yelland is trained to drive these. Mr Yelland has coordinated this with the other schools and we will continue to look at ways in which we can keep transport costs down. We will follow this model next year.
Meeting national curriculum requirements for swimming and water safety				Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?				70%

What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?		57%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?		70%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?		Yes
Total funding - £19040	Total funding allocated to date – £19040	Total funding to be allocated –