



Summer Term 2026 Newsletter 1
Friday 22nd May 2026

MOUNT CHARLES SCHOOL

HEADTEACHER UPDATE



What an incredible half-term it has been — full of hard work, curiosity, celebration, and growth across the whole school.

A Huge Well Done to Year 6



Our Year 6 pupils showed tremendous determination and resilience during SATs week. They worked incredibly hard, supported one another beautifully, and made us all immensely proud.

To celebrate their efforts, the PTA very kindly funded a special trip to the cinema. It was a wonderful way to mark the end of SATs week and to say a big **Well Done** for all their hard work.

EYFS: Ducks, Discovery and Delight

EYFS had a magical experience this term watching ducklings hatch and grow. The children were captivated by each stage — from tiny cracks in the eggs to fluffy ducklings waddling around. Their sense of wonder has been a joy to see.



Exploding Words Festival at Eden



A group of Year 3 students had an amazing day at the Exploding Words Literacy Festival which was held at the Eden project. The children had a variety of workshops with published authors and poets and wrote and performed their own poems and stories in front of an audience. They had amazing creative ideas and were so confident - we were so proud of the Mount Charles children and lots of people told us how fantastic their poems and speaking was. The finale of the day was listening to the poet Joshua Siegal in the Mediterranean biome - we loved his funny poems and really enjoyed joining in with parts! The children were very excited to take home a book that was signed by the authors.

Year 4 Camp: Confidence, Courage and Fun

Year 4 had an unforgettable time at camp. From new challenges to team activities, it was wonderful to see the children grow in confidence, independence and friendship. They returned tired, muddy, and full of stories, always the sign of a great adventure.



Celebrating Sir David Attenborough's 100th Birthday

As a school, we marked this special milestone by celebrating the life and work of Sir David Attenborough. Inspired by his love of nature, we also enjoyed watching our own caterpillars transform into beautiful butterflies — a perfect reminder of the magic of the natural world.



Thank you to all our families for your continued support this half-term. We hope you have a restful break and look forward to more learning, laughter and memorable moments next half-term.

Mrs Simpson

SAFEGUARDING

Safeguarding at Mount Charles

At Mount Charles School, the safety and wellbeing of our pupils is always our highest priority.

Safeguarding is at the heart of everything we do. It means ensuring that every child feels safe, protected from harm, and supported to thrive both in school and at home. Our safeguarding team works closely with families and external agencies to provide guidance, early help, and support whenever it is needed.

We always encourage parents and carers to get in touch if they have any concerns about their child's wellbeing, behaviour, or safety. You can contact our safeguarding team at:

DSL@mcs.celtrust.org

Keeping Children Safe Online

As the school holidays approach — and with the weather impossible to predict! — some parents have asked for advice about keeping children safe online.

The NSPCC has produced a very helpful guide for families with practical tips and advice on supporting children to stay safe while using the internet, apps, and games:

 [Keeping Children Safe Online | NSPCC](#)

Support for Children and Parents

SilverCloud is offering a free online course for parents to help support children who may be experiencing anxiety. There are also helpful wellbeing modules available for parents and carers themselves. See the following page for more information.

These online programmes provide practical strategies, guidance, and support that families can access at a time that suits them.

We hope you all have a safe, relaxing, and enjoyable May holiday!

Supporting an Anxious Child

This programme by SilverCloud has been designed for you to support your child (ages 5-11) in dealing with worries and anxiety, whilst learning strategies to tackle your own anxiety.

The programme incorporates elements of cognitive behavioural therapy (CBT), such as psychoeducation, relaxation and gradual exposure, with the aim of enabling your child to identify their anxiety, and to apply their skills in anxiety-provoking situations.

Supporting An Anxious Child consists of eight modules. Complete these in your own time and at your own pace over approximately eight weeks.

These courses are free for parents to access and each module contains engaging content and interactive activities.

To sign up, please capture the QR code below on your phone or follow this link:
<https://cornwallcyp.silvercloudhealth.com/signup/>



Modules

- Parenting an Anxious Child
- Parenting Positively
- Changing Anxiety
- Problem Solving
- Changing Thoughts
- Facing Fears
- Creating a Plan
- Going Forward

How it works



Easy to Access
Access programmes anytime on any device.



Login, Learn & Practice
Receive regular feedback from an online supporter.



Easy to Use
82% of people find the programmes easy to use.



Proven Outcomes
It's proven in trials to work as well as face to face therapy.

Support Organisations



**In an emergency,
call 999**



Worried about a child?

Multi-agency Referral Unit (MARU)
0300 123 1116

Out-of-hours number 01208 251300
multiagencyreferralunit@cornwall.gov.uk



Support for children and young people is available from

Cornwall's Early Help Hub

(01872) 322 277

earlyhelphub@cornwall.gov.uk

NSPCC

0808 800 5000



Cornwall



Citizens Advice Cornwall who will be able to issue you with a **food bank voucher** - call **0800 144 8848**

Financial support or advice on care and support services for families

0808 208 2138

www.supportincornwall.org.uk



YOUNGMINDS

Support young people with the tools to look after their mental health

Parents helpline -

0808 802 5544

Young person -

Text SHOUT to 85258



free, safe & anonymous
advice at kooth.com

shout
85258

**"It's alright to
ask for help"**

SAMARITANS

116 123



0800 58 58 58
Helpline for men
www.thecalmzone.net

HOPELINE247
0800 068 4141

TEXT: 07860 039 967



Support for young people
aged 11 to 25

youngpeoplecornwall.org

SAFER

FUTURES

**Ending Abuse in
Cornwall &
Isles of Scilly**

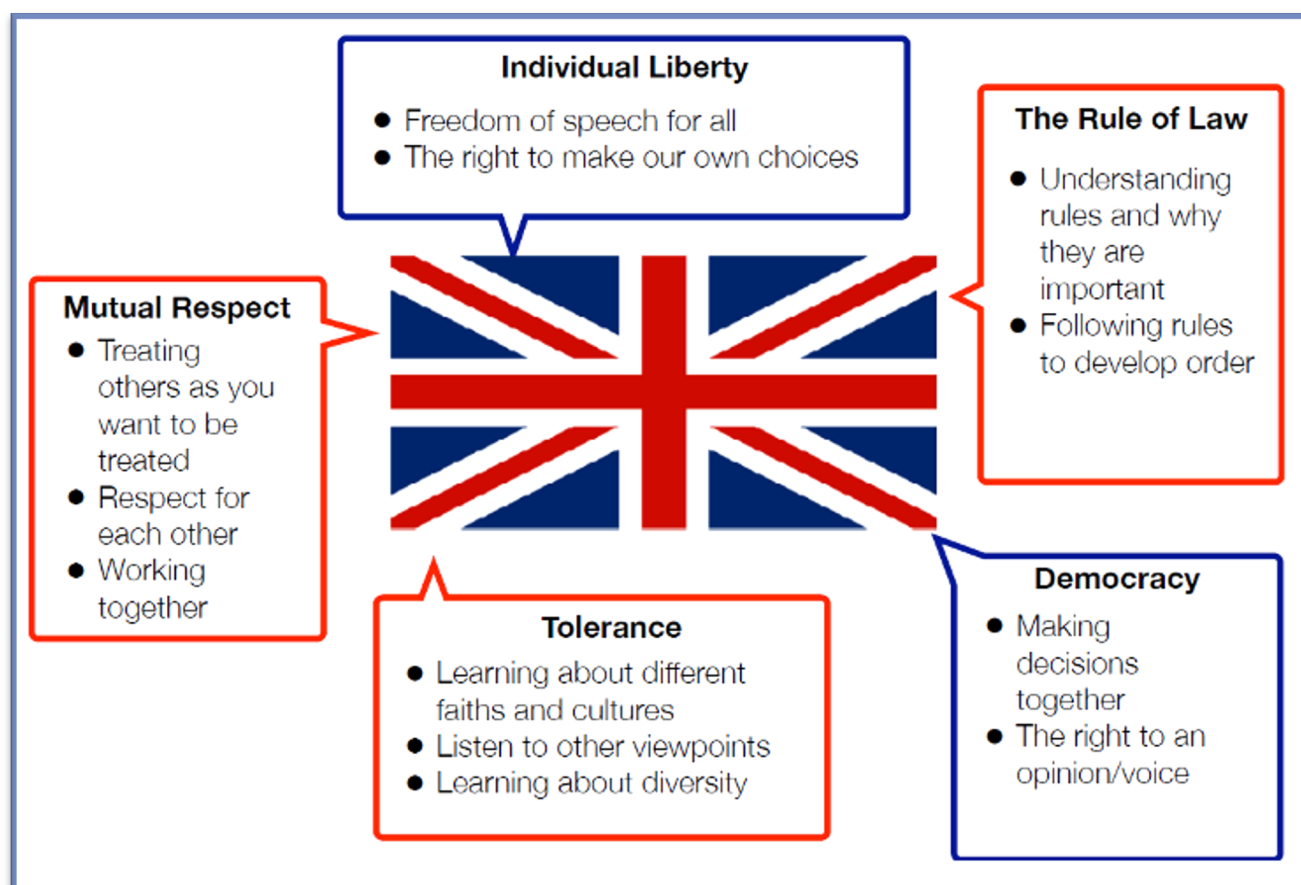
0300 777 4777
Mon-Fri 9am-9pm
Sat- 9am-5pm



LEARNING TOGETHER
CORNWALL EDUCATION LEARNING TRUST

BRITISH VALUES

This half term, our focus on the British Value of **Respect** has been shining through in many wonderful ways. We enjoyed taking part in celebrations for Sir David Attenborough's 100th birthday by watching a special live assembly and learning about his passion for protecting our world. In EYFS, children have shown kindness and care towards the baby ducklings, ensuring they are looked after respectfully. The rest of the school has loved visiting them. Across school, excitement is growing as we eagerly await the transformation of our class caterpillars into butterflies. Together, we are learning to respect our planet and all the amazing living things within it.





ATTENDANCE



We are delighted to share that Mount Charles School has once again been recognised for our superb attendance and has received a further award for the Spring Term. Even more impressively, our attendance placed us within the top 25% of similar primary schools nationally.

This is a fantastic achievement and reflects the strong commitment shown by our learners, families and staff each and every day. We know that children achieve their very best when they are in school regularly — building confidence, friendships, routines and making the most of every learning opportunity available to them.

A huge thank you to all of our parents and carers for the continued support you give your children in attending school every day and arriving ready to learn. Your partnership with us makes a real difference and plays a vital role in helping our children thrive.

Well done to the whole Mount Charles community on another wonderful achievement.



National School Attendance Award

2025/26 Spring Term



Mount Charles School

Top 25% of similar FFT Primary Schools in England

ATTENDANCE

ATTEND
TODAY
ACHIEVE
TOMORROW

**Every child in school on
Monday 1st June**

will receive

**10 HOUSE POINTS
each!**



We can't wait to see you after the holiday!

ENRICHMENT SPORTS

East Cornwall Schools Football Team: Jersey Football Festival 2026

We would like to congratulate two of our Year 6 pupils on their recent trip to Jersey with the East Cornwall Schools Football Association for the Jersey Football Festival 2026. The boys competed in highly competitive matches against different school associations throughout the week, while also enjoying the opportunity to explore the beautiful island. It was an unforgettable experience and a fantastic achievement for both pupils. Congratulations to Riley and Elliot — we hope you had an amazing trip!



Monday 20th April – Year 5 Cricket Festival at Poltair School

A group of Year 5 children travelled to Poltair School to take part in the Year 5 Cricket Festival, organised by Cornwall Cricket in association with the PSSP (Poltair Sports Partnership). The children enjoyed developing their batting, bowling and fielding skills before competing in countdown cricket matches against other local schools. Mr Yelland was very pleased with the team's effort, enthusiasm and cricketing ability throughout the day.

Tuesday 21st April – Year 3 & 4 Football Fixture vs Biscovey

The Year 3 and 4 football team played their final league fixture of the season against a strong Biscovey side at Penrice School. The team battled hard throughout the match but were ultimately outplayed by some talented opposition players who scored several excellent goals. Despite the result, the team has made huge progress this year and should be very proud of their development and determination.

Tuesday 21st April – Year 5 & 6 Girls' Football Friendly

The Year 5 and 6 Girls' Football Team rounded off their season with a fantastic 4–2 victory in a friendly fixture. The girls played brilliantly and scored some excellent goals, with Sennen scoring twice, alongside goals from Cobie and Evie, who have recently joined the school and team. Mr Grigg and Mr Yelland were delighted with the effort and teamwork shown by the girls, and it was wonderful to finish the season with a win.

ENRICHMENT SPORTS

Monday 27th April – Year 3 Cricket Festival at Poltair School

A group of Year 3 pupils attended the Year 3 Cricket Festival at Poltair School, organised by Cornwall Cricket and the PSSP. The children took part in a range of cricket skill activities, including batting, bowling and fielding, before enjoying continuous cricket matches against other local schools. Mr Yelland was extremely pleased with the effort, enthusiasm and ability shown by all the children involved.



Monday 11th May – Year 1 Rapid Fire Cricket Festival at Poltair School

Our Year 1 pupils recently attended the Rapid Fire Cricket Festival at Poltair School. The children developed their batting and fielding skills through a variety of fun activities before competing in Rapid Fire cricket matches against other schools. Mr Yelland was very impressed with the children's enthusiasm, effort and positive attitude throughout the event.

EYFS NURSERY & RECEPTION

Seashells and Seahorse classes have loved welcoming some very special visitors into their classroom. From observing them hatch, gentle cuddles and watching them swim, the ducklings have brought so much excitement, curiosity and joy to our learning environment. The children have learnt all about the life cycle of a duck and how to care for animals. They have shown responsibility and kindness throughout.



YEAR 1 & 2

The children thoroughly enjoyed meeting our new duckling friends this week! They loved watching the ducklings paddle together, and everyone was very excited to have the chance to give them a gentle cuddle. It was a wonderful experience that brought lots of smiles, curiosity and excitement to the classroom.



YEAR 3

Year 3 have been busy carrying out exciting scientific investigations to explore what plants need to grow and stay healthy. The children planted cress, sunflower and pea seeds in different conditions, including varying amounts of space, water, sunlight and fertiliser, to compare how well they grew.

They carefully measured, observed and recorded their results using bar charts and line graphs, developing both their science and maths skills. Through their investigations, the children discovered that plants need water, sunlight, space and nutrients to grow well, and enjoyed working together as young scientists.



YEAR 4 CAMP!

Year 4 had a brilliant time on their recent camp at Porthpean Outdoor Activity Centre, packed with exciting activities including archery, laser tag, problem solving challenges, a silent disco and paddle boarding. Although the weather was wet to begin with, it quickly brightened up and didn't dampen spirits.

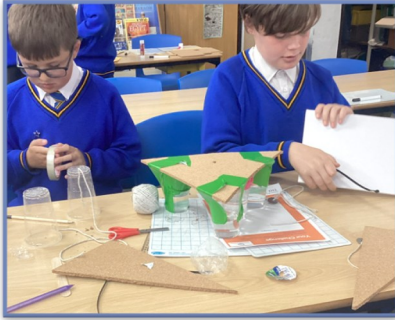
Throughout the trip, children developed their teamwork skills, learning how to support and encourage one another in every activity. The food was a real highlight too — especially the pancakes and chocolate brownies, which were a clear favourite!

A fantastic experience all round, with plenty of memories made.



YEAR 5

This term, Year 5 have enjoyed working with **Celtic Sea Power** on an exciting sustainability project focused on wind turbines. The children explored renewable energy while designing and testing structures using a range of materials, including paper, metal discs, cork, cups and polystyrene. After experimenting with different designs, they adapted and improved their models through repeated testing, focusing on balance, stability and strength. Their work will now contribute to a wider Celtic Sea Power project involving local secondary schools, colleges and STEM professionals, helping to develop future sustainable energy solutions.



ARB

This half term, we have been studying the book *Oliver's Vegetables* by Vivian French. As part of our learning, the children have been tasting a variety of vegetables and exploring new flavours. We've also had another amazing day at Mylor, where the children experienced both a speed boat and a sailing boat. It was a privilege to see their happy, smiling faces throughout the day.

We also spent a day at Pencalenick, where the children took part in a fun and energetic dance session.



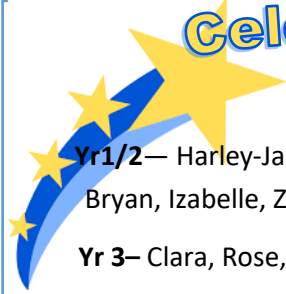
YEAR 6

Year 6 are developing their art skills this half term, with a particular focus on sculpture, design and creativity. To support their learning, the children have visited the Tate Gallery and the Barbara Hepworth Museum in St Ives this week, where they explored a range of artwork and techniques. Back in school, they are beginning to apply these ideas by creating their own Mexico-themed masks, linking beautifully with their current topic. We are already impressed by their imagination, attention to detail and enthusiasm as they bring their designs to life.



CELEBRATION

Celebrating



Yr1/2— Harley-James, Stefan, Hayley, Tobias, Samuel, Bryan, Izabelle, Zac, Klesti, Ivy. Phanuella, Reuben W

Yr 3— Clara, Rose, Aldianna, Lewis S, Reuben, Nevaeh, Tyler, Cerys

Yr4— Jaxon, Maizie,

Yr5— Ava, Stephanie, Tommie, Elsie, Inti, Ellie, Toby

Yr6— Riley, Jaiden, Megan, Jasmine, All Year 6 (SATS)

Success

Our attendance trophy was won by:

20th Jellyfish 98.5%

11th Manta Ray 100%

27th Narwhal 99.7%

18th Starfish 99.2%

5th Narwhal 98.8%



Attendance!

British Values

Celebrating our British Values Champions :

Year 1/2: Zac, Justin, Skylar-Rose, Davina-Freya, Ben, Theo B, Ellie, Louella

Year 3: Thessy, Marley, Annabelle, Rosie, Hailey, Harley C

Year 4: Ted, Jack

Year 5: Floyd, Lowen, Neelah, Laerta, Wanessa, Mason

Year 6: Ailla, Misha, Sophie O, Sherwin, Riley

REMINDEERS

Trophies

If your child received a sports trophy last year, or If you had a child in Year 6 last year who received a trophy, please could you return it to school as soon as possible so that it can be prepared for this year's presentation awards.



ParentPay Balances

As we approach the final half term of the school year, we kindly ask all parents and carers to check their ParentPay accounts and ensure any outstanding balances are cleared where possible. Thank you for your continued support in helping us keep accounts up to date.

Charlies Wraparound Club

Please remember that all places for Charlies Wraparound must be booked and paid for in advance via ParentPay. If your child is new to Charlies, a registration form must also be completed before they can attend. Bookings for After School Club can be made up until 11am on the day required, while Breakfast Club bookings must be made by 11am the day before.

Lunches

School lunches can be ordered on ParentPay until the end of the school year. We encourage parents and carers to take some time over the half term break to sit down with your child and choose their meals together. Please remember that even if your child is entitled to Free School Meals or Universal Infant Free School Meals, lunches must still be ordered in advance on ParentPay.

Summer Term Uniform

Children in KS2 have the option to wear a school polo shirt instead of a shirt and tie. Blue and white checked dresses are also permitted during the summer term. Please ensure children wear black school shoes only — trainers are not part of the school uniform. PE kit remains unchanged and should consist of black shorts, plain black joggers or black leggings, along with the Mount Charles PE T-shirt and Mount Charles jumper or cardigan.

Contacting the school

Our enquiries email is monitored intermittently during the school hours, 08.00-15.30 Monday to Friday. We aim to get back to you within 48 hours. If the matter is urgent, please call the school office directly.

If you have a problem you would like to discuss regarding your child, in the first instance, please contact your class teacher at collection/drop off times or by calling/emailing the office.

Email: enquiries@mcs.celtrust.org Phone: 01726 73911

Diary Dates

June		7th	Nursery Stay and Play
1st	**no clubs or Charlies Wraparound today**	8th	Reception Stay and Play
	Poltair visiting Year 6	9th	Sept '26 intake home visits
3rd	School photographers, groups	10th	Reception Stay and Play
4th	Year 5 Egyptian Day	13th	Year 3 group 2 swimming week
8th	Phonics Screening Check week		Year 6 Production to parents, 2pm
11th	Nursery Open Day	14th	Young Carers Event
12th	PTA Summer Disco		Sept '26 intake home visits
15th—17th	Year 6 London Residential		Parents Evening, Years 1 - 5
25th	Year 3 Pizza and Film evening	15th	Reception Sept 2026 Teddy Bears' Picnic
26th	Year 3 BF Adventure Day	16th	PTA Summer Fayre
29th	Parent Pop-Up Event, 2pm—4pm		Sept '26 intake home visits
July		20th	Year 6 Celebration Day
1st	Sports Day - pasty lunch - order on ParentPay!	21st	Parents Evening, Year 1 - 6
2nd	Sports Day reserve date		Welcome to Reception Parents meeting 1.30
3rd	CELT INSET Day—school closed		Nursery Graduation, 2:00pm
6th	Year 3 group 1 swimming week	22nd	Year 6 Leavers Assembly for parents, 2pm
	Reception Stay and Play	24th	Last day of summer term

TERM DATES

2025-2026

Summer term 1 2026: Monday 20th April 2026 - Friday 22nd May 2026

Summer term 2 2026: Monday 1st June 2026 - Friday 24th July 2026

INSET DAY: Friday 3rd July

2026-2027

Autumn term 1 2026: Thursday 3rd September 2026—Friday 16th October 2026

Autumn term 2 2026: Monday 2nd November 2026 - Friday 18th December 2026

Spring term 1 2026: Monday 4th January 2027 - Friday 12th February 2027

Spring term 2 2026: Monday 22nd February 2027 - Thursday 25th March 2027

Summer term 1 2026: Monday 12th April 2027 - Friday 28th May 2027

Summer term 2 2026: Monday 7th June 2027 - Friday 23rd July 2027

INSET DAYS: Tuesday 1st & Wednesday 2nd September 2026



EXCITING MOUNT CHARLES

POP-UP EVENT

Coming Soon!



We are delighted to announce that we are preparing for another **wonderful** pop-up event for our families!

Following the huge success of our last event — where parents received **valuable advice** from visiting professionals and families benefited from a **fantastic selection of pre-loved items** — we cannot wait to bring everyone together again for another **meaningful afternoon**.



SAVE THE DATE!

**MONDAY
29TH JUNE**



TIME:

**2:00 PM –
3:30 PM**

This event is a fantastic opportunity for parents to get involved, connect with one another and help make a real difference within our school community.



REFRESHMENTS

will also be available!

Giving families a chance to relax, chat, and enjoy the afternoon together.

TO HELP MAKE THE EVENT AS SUCCESSFUL AS POSSIBLE,
WE WOULD GREATLY APPRECIATE DONATIONS OF **GOOD-QUALITY PRE-LOVED ITEMS**, INCLUDING:



**UNIFORM
AND COATS**



**FOOTWEAR –
TRAINERS/SCHOOL SHOES**



**CHILDREN'S
DUVET SETS**



**EVERY DONATION,
BIG OR SMALL,
WILL HELP**



Every donation, big or small, will help **support families** in our school community and make this event **truly special**.



We are so grateful for the kindness and generosity our families continue to show, and we look forward to welcoming you all for what promises to be a warm, supportive, and enjoyable occasion.



*Thank you once again for your continued support –
together, we can make this event even bigger and better!*





DO YOU HAVE A CHILD AGED **8-17** WHO IS STRUGGLING WITH THEIR **MENTAL HEALTH?**

Anxiety, depression, self-harm and other mental health struggles are on the rise in children, particularly following the Covid-19 Pandemic.

**As parents, we can be left feeling overwhelmed and helpless,
not knowing where to turn for help.**

THIS GROUP AIMS TO SUPPORT YOU TO:

- ☒ Meet other parents who understand your situation for mutual support.
 - ☒ Learn strategies to help you support your child, with no judgement!
 - ☒ Help you to prioritise your own well-being as a parent.
-

WHEN? Find out more at our **Information Session** for parents at 1pm on Tues 2nd or 7pm on Wed 3rd June 2026.

WHERE? We're holding it on Zoom and you'll get the link when you register for our Information Session below.

To attend register at www.calendly.com/ymhf/information-session-zoom



For more information contact:

Joel Sutton (YMHF) on 0300 302 0285

or email joel@youthmentalhealthfoundation.org





Parenting a child aged 4-11

TOGETHERNESS
Bringing the Solihull Approach to the world

Understanding your child with Disabilities

A 10-week workshop delivered weekly. Each session is 2-hours in length. This virtual programme gives you the option to attend online via Microsoft Teams.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Tuning into what your child needs
- Different styles of parenting
- Having fun together
- Communication and tuning in
- Understanding how your child is feeling
- The rhythm of interaction
- Why sleep is important
- Self-regulation and anger
- Looking back and looking forwards
- Responding to how your child is feeling

When?

Wednesdays, 12:30pm-2:30pm
starting 20th May 2026

Where?

Delivered on Microsoft Teams



To book visit

parentbooking.cornwall.gov.uk/
book/add/p/4

Contact us

Email: parenting@cornwall.gov.uk
Phone: 01872 324323



Together
for Families



www.cornwall.gov.uk/
parenting



Parenting a child aged 0-11

TOGETHERNESS
Bringing the Solihull Approach to the world

Understanding your child

A 10-week workshop delivered weekly. Each session is 2-hours in length. This virtual programme gives you the option to attend virtually on Microsoft Teams.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Tuning into what your child needs
- Different styles of parenting
- Having fun together
- Communication and tuning in
- Understanding how your child is feeling
- The rhythm of interaction
- Why sleep is important
- Self-regulation and anger
- Looking back and looking forwards
- Responding to how your child is feeling

When?

Tuesdays, 9:30-11:30am
starting 23rd June 2026

Where?

Delivered on Microsoft Teams



To book visit

parentbooking.cornwall.gov.uk/
book/add/p/4

Contact us

Email: parenting@cornwall.gov.uk
Phone: 01872 324323



Together
for Families



www.cornwall.gov.uk/
parenting



Parenting a child aged 4-11

TOGETHERNESS
Bringing the Solihull Approach to the world

Understanding your child with traits of Autism

A 10-week workshop delivered weekly. Each session is 2-hours in length. This virtual programme gives you the option to attend virtually on Microsoft Teams.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Tuning into what your child needs
- Different styles of parenting
- Having fun together
- Communication and tuning in
- Understanding how your child is feeling
- The rhythm of interaction
- Why sleep is important
- Self-regulation and anger
- Looking back and looking forwards
- Responding to how your child is feeling

When?

Tuesdays, 6pm-8pm
starting 28th April 2026

Where?

Delivered on Microsoft Teams



To book visit

parentbooking.cornwall.gov.uk/
book/add/p/4

Contact us

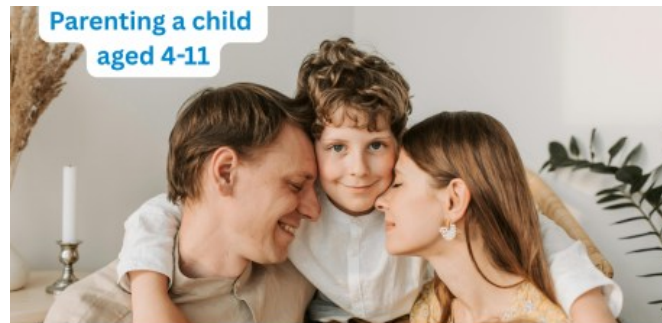
Email: parenting@cornwall.gov.uk
Phone: 01872 324323



Together
for Families



www.cornwall.gov.uk/
parenting



Parenting a child aged 4-11

TOGETHERNESS
Bringing the Solihull Approach to the world

Understanding your child with traits of ADHD

A 10-week workshop delivered weekly. Each session is 2-hours in length. This hybrid programme gives you the option to attend in-person or virtually on Microsoft Teams.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Tuning into what your child needs
- Different styles of parenting
- Having fun together
- Communication and tuning in
- Understanding how your child is feeling
- The rhythm of interaction
- Why sleep is important
- Self-regulation and anger
- Looking back and looking forwards
- Responding to how your child is feeling

When?

Tuesdays, 9:30-11:30am
starting 28th April 2026

Where?

St Austell Family Hub
or on Microsoft Teams



To book visit

parentbooking.cornwall.gov.uk/
book/add/p/4

Contact us

Email: parenting@cornwall.gov.uk
Phone: 01872 324323



Together
for Families



www.cornwall.gov.uk/
parenting



MHST Wild Wellbeing

MHST, in collaboration with the National Trust, would like you to join us on a FREE Wild Wellbeing session in Cornwall during May half term.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.

Please book EACH child on to a session

Each session will last approx. 2 hours

Locations and dates

27 May 2026 - Tehidy Woods

**28 May 2026 - Lanhydrock in
collaboration with the National Trust**

**All sessions will begin at
10am. Please wear weather
appropriate clothing!**



**To request a place,
please complete the
online form**

<https://forms.cloud.microsoft/e/f1Vd5Y29rL>



Scan to sign up

Please be aware that spaces are limited and assigned on a first-come, first-served basis. If you cannot attend after being allocated a place, inform us so we can give your spot to someone else.

Follow us on Facebook for updates and upcoming events:

[Cornwall Mental Health Support Team \(MHST\)](#)



WHERE: THE COVE MACMILLAN
CENTRE, TRURO

WHEN: THURS 9TH JULY 2026

PARENTING WITH CANCER IS HARD.

FEELING GUILTY

NO ENERGY

FEELING ANXIOUS

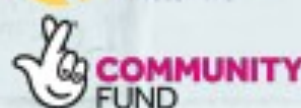
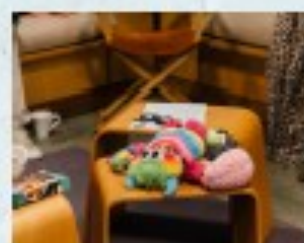
WHAT DO I TELL MY KIDS

ARE MY KIDS OK?

Come together for a day with
other parents, who 'get it'.

Learn tools & practical
solutions to help you .

Lunch & refreshments
provided and resources to take
home.



Book online at
www.fruitflycollective.com/toolshed



COMMUNITY EVENTS



MEADOWS PUMP TRACK EXHIBITION

Join us to celebrate the new pump track at
The Meadows Park, Boscoppa Road

DR. BIKE SESSIONS
WITH CORNWALL
BICYCLE PROJECT

BIKE TRICKS AND
WORKSHOPS FROM
FUSION EXTREME

REFRESHMENTS AVAILABLE
FROM CHUBEEZ CAFE

STALLS AND FREE
ACTIVITIES FROM LOCAL
ORGANISATIONS

MORE TO BE
ANNOUNCED!

THURSDAY 28TH MAY
10AM - 3PM
THE MEADOWS PARK,
BOSCOPPA ROAD
BEHIND BISHOP BRONSCOMBE SCHOOL



TREGORRICK ROAD
ST AUSTELL PL26 7AG

OPEN DAY

14 JUNE • 10AM - 3PM

MEMBERSHIP AVAILABLE

ALL AGES & STANDARDS WELCOME

COACHING AVAILABLE

Contact Dek:

 oiftenniscoaching@outlook.com

FOR MORE INFO:

 staustelltennisclub.co.uk

FIND US NEXT TO RUGBY CLUB