



SummerTerm 2025 Newsletter 2
Thursday 19th June 2025

MOUNT CHARLES SCHOOL

HEADTEACHER UPDATE



We've had a busy and exciting start to the term, with plenty more to look forward to!

Over the past few weeks, each house has enjoyed successful trips that have helped build team spirit and celebrate achievement:

- **Green House** had a fantastic adventure at Pinetum Gardens,
- **White House** explored the history and hands-on exhibits at Wheal Martyn,
- **Blue and Yellow Houses** took on outdoor challenges and fun at Porthpean Beach.

These trips have been a wonderful way to strengthen our house identity and build on the positive momentum we've been fostering this term.

We were also thrilled to take part in the St Austell Literacy Festival, which was an inspiring experience for the children. They had the opportunity to visit other local schools, meet real-life authors, ask thoughtful questions, and discover what it's really like to be a writer. It was a fantastic way to celebrate reading and storytelling, and many children came back buzzing with ideas for their own writing.

Additionally, we had a fantastic visit from Healthy Cornwall, who delivered engaging and informative sessions. Children learned about:

- The Eat Well Guide,
- The Eat the Rainbow challenge,
- The importance of Sleep and managing Screen Time,

And played the interactive Sugar Game to explore the impact of sugar in our diets.

Looking ahead, we're continuing our re-launch of the **House Points system**, with a big focus on team effort and individual achievement. A key event will be our **Sports Day on Thursday 27th June**, where children will compete in their house teams, **wearing their house colour t-shirt** — a great opportunity to earn points and show off their teamwork, perseverance, and school spirit!

Upcoming Teaching Structure and Classes for September 2025

Thank you for your continued support and understanding during this period of transition. We recognise that times of change can bring both uncertainty and excitement, and we truly appreciate your patience as we work to ensure the best outcomes for our learners.

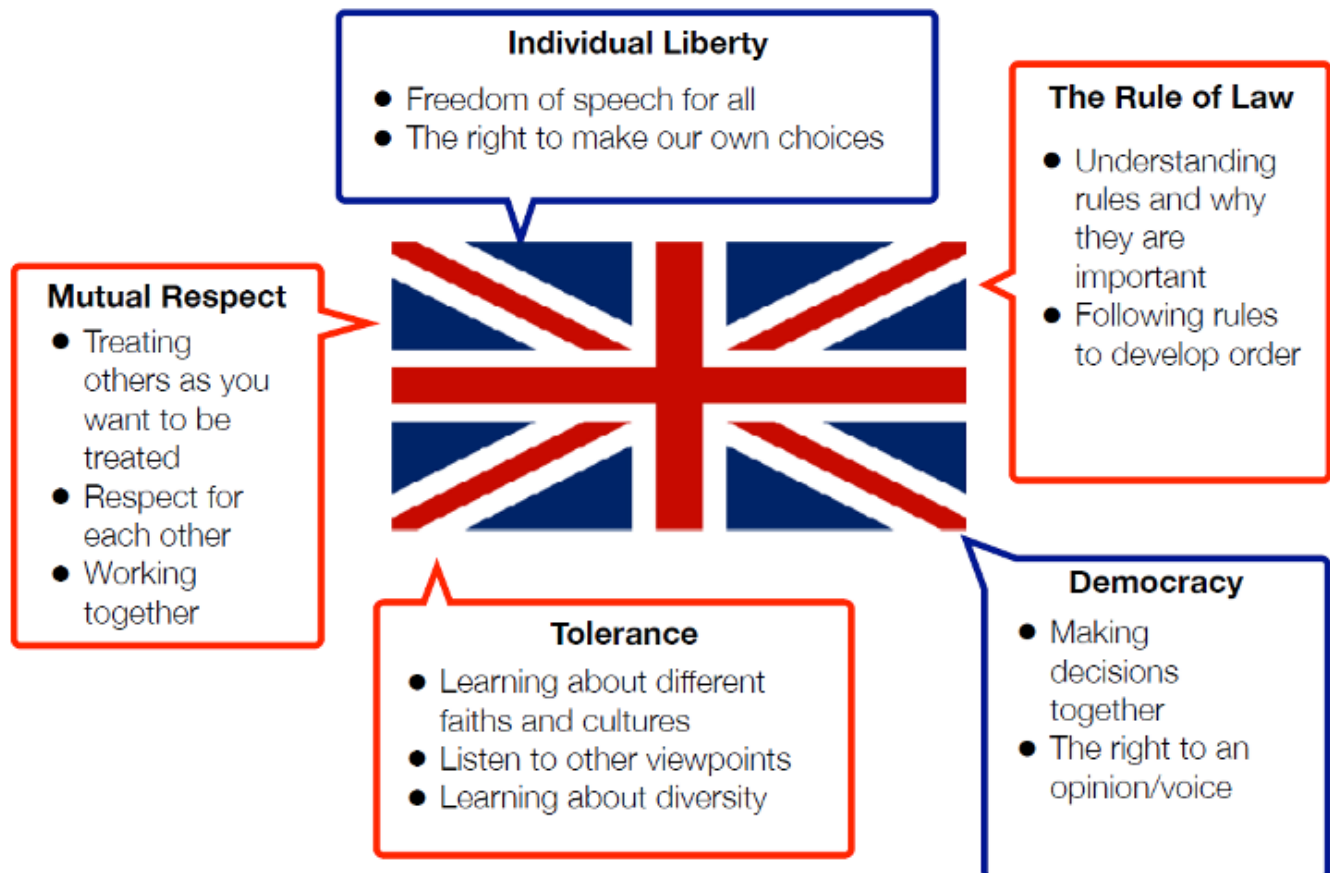
We would like to inform you that the revised teaching structure and class groupings will be shared with you by **Wednesday, 25th June**. We are confident these changes will support a strong and positive learning environment as we move forward.

Thank you once again for your cooperation and trust.

Mrs Simpson



BRITISH VALUES



Our British Value focus last week was 'The Rule of Law'. This was supported by an assembly by a member of the St Austell Police force. The children heard important messages about their role in the community and how they deal with anti-social behaviour and racism.

Here are some quotes from Year 5 children about what they learned:

Klea: *'We learned what is good and bad in terms of the law. Laws and the police keep us safe.'*

Riyadh: *'Any kind of bullying, including cyber bullying is unacceptable and against the law.'*

Emmie: *'The police told us how they find and get evidence to show who did it.'*

Malachy: *'We learned that your best weapon is your voice. You can talk about problems and not resort to violence.'*

SAFEGUARDING

Safeguarding Concerns – Contact the School

At Mount Charles, the safety and well-being of our children are our top priority. If you have any safeguarding concerns, we encourage you to reach out to us immediately. Your input is crucial in helping us maintain a safe and supportive environment for all our pupils.

For any safeguarding issues or questions, please contact the school office and request to speak with Heidi Spurgeon or Helen Hann.

We are committed to ensuring all concerns are handled appropriately and promptly. Your voice is important in safeguarding the welfare of every child.

Thank you for your continued support.



Safeguarding Team



Mrs H Spurgeon
Designated Safeguarding Lead



Mrs S Simpson
Headteacher & Deputy Designated Safeguarding Lead



Mrs H Hann
Pastoral Care Manager & Deputy Designated Safeguarding Lead



Mr R Cardigan
Safeguarding Governor



Ms K Chandler
Chair of Governors & Whistleblowing Governor



Miss S Hildyard
Deputy Headteacher & Lead Practitioner for Safeguarding in Early Years

At Mount Charles, we are committed to safeguarding children. The health, safety and emotional well-being of every child are our paramount concern. Our aim is that the children will thrive during their time with us in a safe and happy environment.

If you have a concern, please contact a member of the Safeguarding team on either [01726 73911](tel:0172673911) or their e-mails listed above.

If you have a concern out of school hours please contact the [Multi-Agency Referral Unit](https://www.mount-charlessch.org) - [0300 1231 116](tel:03001231116).

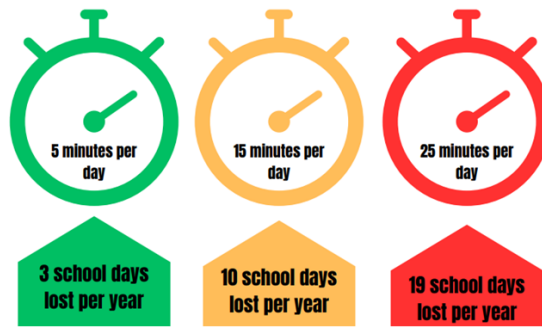
More information is available on the Child Protection & Safeguarding page (in the Statutory Information section of our website) at www.mount-charlessch.org



ATTENDANCE



EVERYDAY MINUTE COUNTS

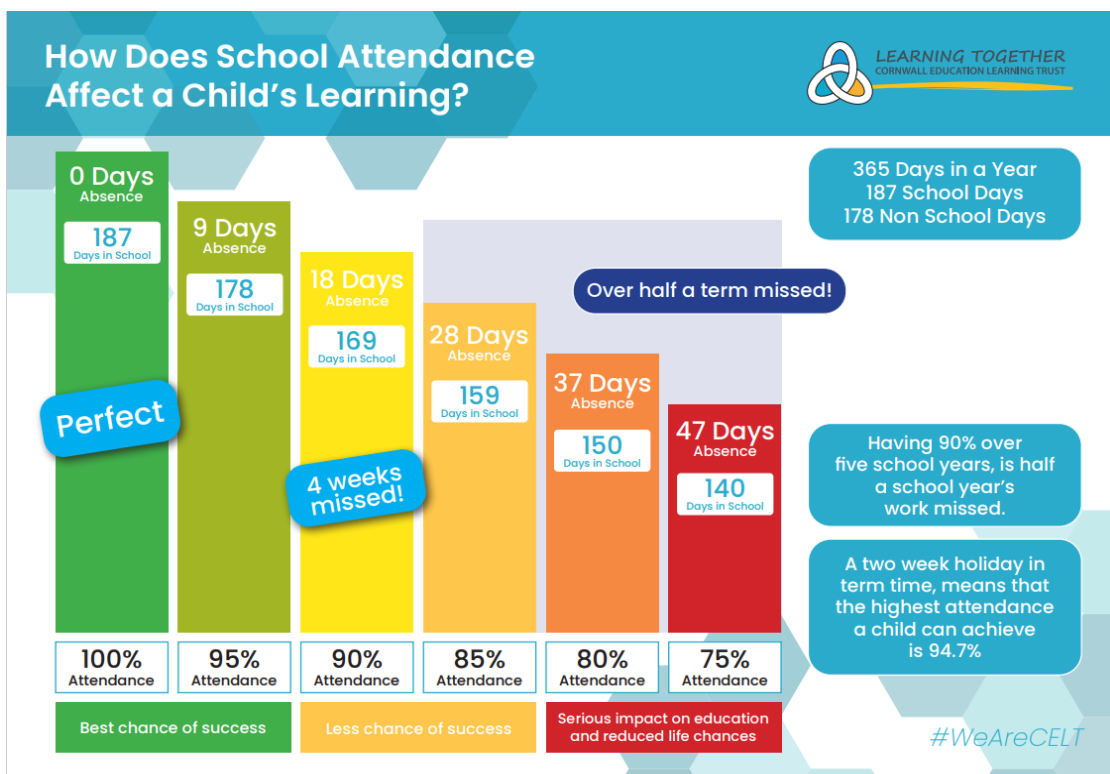


At Mount Charles, attendance and punctuality are the keys to unlocking every child's full potential. When the children arrive on time, they are ready to engage, grow and build confidence right from the start.

Each day begins with vital core learning, being late means missing these essential teachings. This can create gaps in understanding and disrupt both individual progress and the flow of the classroom.

We know that getting to school on time every day can sometimes be a challenge, and that's why we are committed to working closely with families to support positive routines and remove any barriers.

Together, we can help every child at Mount Charles develop lifelong habits that lead to success, in school and beyond.



HOUSE TRIPS

Clay House—White

On Tuesday 3rd June, Clay House had our first House trip to Wheal Martyn. As we were in four groups, we all buddied up with children from other year groups – it was great to meet other children in the school and (as year 6 children) help our younger children have a great day out!

We enjoyed lots of great activities starting with seeking out hidden bears -which was a really fun way of exploring the museum. We then began a trek on the fun nature trail – exploring the many objects on display. We sat by a HUGE tyre that was from one of the trucks used to transport clay. We all came together before lunch for a challenge – to create our House title ‘CLAY’ from natural resources around us and lay them out on large pieces of stone. After lunch we ventured further to a large viewing area of the clay pits – enormous areas of mining pits surrounded our eyes. We had an amazing day at Wheal Martyn and cannot wait to cheer Clay House on at Sports Day. It is lovely to know that we have lots of new friends at school who we can talk to.

Written by Florence (6TW) and Ornella (6JT)



Earth House—Green

On Tuesday 3rd June Earth house went on a trip to Pinetum Gardens and we had an amazing time. On the morning of the trip, we changed into our ‘Green Team’ t-shirts and set off on our adventure. Key Stage 1 went on the bus and Key Stage 2 walked to our destination. Upon arrival we split into different, smaller groups and did some games to get to know each other. Next, we explored the trees, statues and calm gardens. We listened to the birds and examined the trees. We then met up for lunch on the grass.

Once we had eaten, we made crowns from leaves, flowers and plants. Next we took a ‘Green team’ group picture wearing our hand made crowns. We then split into smaller groups and continued our walk around the gardens where we had a chance to sit down and draw a beautiful pond or some of the trees. This ended our adventure and we headed back to school.

Written by Annabelle 6TW



HOUSE TRIPS

Sand House—Yellow

For our yellow house trip, we went to Porthpean beach and we did lots of activities. First we made a circle out of stones and then we used sticks to spell out 'SAND'. We then split into two teams to play rounders. For our third activity we went rock pooling, with the older children looking after the younger children. We found lots of creatures including crabs, fish and sea snails! We then had fun making sandcastles and stacking rocks to make a tower and see who could make the tallest one. After we had built our sandcastles then got to jump on them to destroy them which was lots of fun!

Written by Imojen and Sienna year 6



Water House—Blue

On Wednesday 11th June, Water House enjoyed a trip to Porthpean beach. We did lots of activities: rock pooling, sand art, rock painting and creating sand castles. The rock pooling was particularly fun because we got given a list of stuff we had to find and we got split into pairs (an older child and a younger child). The idea of working in pairs was ideal because it gave us an opportunity to make new friends.

For the sand art there was a variety of pictures laid out and with our partners, we got to choose one to create with sand, shells and pebbles. In the rock painting we each got given a pebble to paint either blue or green. Once we had all finished, we added them all together to spell the word 'Water'.

Most people enjoyed creating the sand castles because we got to become creative and we got to use different materials like sticks and rocks. We all had a fantastic day and hope to go again someday.

Written by Rhea Year 6



ENRICHMENT SPORTS

Tennis

Friday 6th June- Year 4 Tennis
School Games Festival at St Austell Tennis Club

A group of Year 4 children took part in a school games tennis event along with other local schools from Mid Cornwall at St Austell Tennis Club. The children did so well despite the rain and had lots of fun learning some tennis skills. Many of them have never played much tennis before.



Golf

Friday 6th June- Years 4, 5 and 6 Golf Taster Session at Porthpean Golf Club.

A group of Year 4, 5 and 6 children were invited to Porthpean Golf Club for a golf taster session. The children were taught by the new head professional and general manager Sammie Horton-Giles. The children rotated around 3 different stations. 1. Iron shots/ distance hitting where children were learning to use a full golf swing. 2. Chipping towards a target, learning how to use a half swing and getting the ball in the air. 3. Putting on the practice green looking at being accurate with the putts and aiming towards a target. The children were able to experience all three parts of golf, and had a fantastic day. Thank you to Porthpean Golf Club for hosting the event. We look forward to playing more golf there in the future.



Cricket

Monday 9th June- Year 3 Cricket event at Roche CC.

A Year 3 Cricket team travelled to Roche Cricket Club for the Year 3 Cricket event with county. The children played 5 games against other schools in a very competitive festival with high standards of cricket on show. Well done to the Year 3 team.



Tuesday 10th June- Year 6 Cricket Fixture at St Austell CC.

A team of Year 6 children took part in the first Cricket fixture of the season at St Austell Cricket Club. They played with St Mewan and mixed teams up and had a very enjoyable game. Well played to all our children who attended.

EYFS NURSERY

Nursery have enjoyed making pasta salad in their cooking busy group. The children demonstrated good control and accuracy using the safety knives to chop the different ingredients to add into their salad. They particularly enjoyed mixing all the ingredients together in the bowl and seeing the different colours in the pasta.



RECEPTION

EYFS enjoyed a visit from Healthy Cornwall. They took part in the rainbow challenge and learnt about how to keep their bodies healthy. The children also learnt that they need to eat 5 portions of fruit and vegetables every day. The children really enjoyed tasting the fruit and vegetables, the kiwi and beetroot were the favourite!



YEAR 1

Year 1 launched their 'Paws, Claws and Whiskers' topic last week and were excited to be visited by some real life pets. Mrs Hann was kind enough to bring in her pet tortoise, Anfield along with the school's guinea pigs, Sweetie, Cuddles and Magic Muffin. The children were gentle when handling the pets and were excited to learn about what it takes to look after a real life animal.



YEAR 2

Year 2 are loving their new topic of Wriggle and Crawl. The children have been learning about so many different minibeasts and discovered that they are not just insects but arthropods, arachnids, anilids, molluscs and crustaceans! They went on a bug hunt around our school site and were surprised how many they found. They saw butterflies, worms, bees, flies, woodlice, spiders, snails and slugs - what a rich environment we have around us!



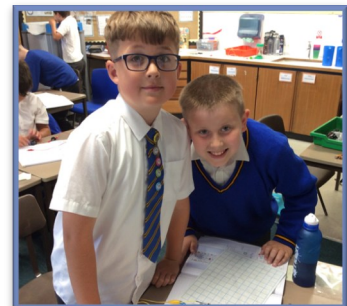
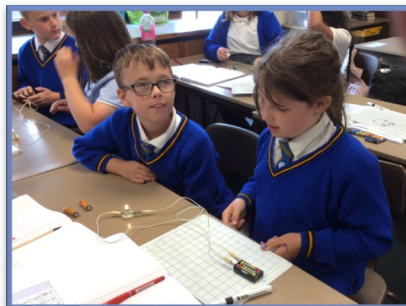
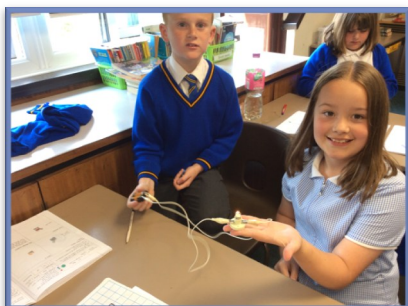
YEAR 3

Year 3 had a fantastic day at Wheal Martyn last week. The children learnt about our local history and how much industry the clay mines brought to Cornwall. There were some brilliant artefacts to explore! In the morning they took part in a guided tour of Wheal Martyn. They walked to Pit view and saw where all the clay comes from! In the afternoon, the children took part in a workshop and worked in groups to learn about some key people who influenced the clay industry. They dressed up and worked together to make bridges! They then placed key items onto a map of Cornwall and learnt that the clay industry wasn't just in St. Austell!



YEAR 4

Year 4 have started a new science topic about electrical circuits. They have been learning about different electrical devices, considering why some electrical devices run on batteries and why some are plugged into the mains. They have also been making their own circuits that can light up a bulb. This took a lot of problem solving and determination to find out which components worked well, and which ones needed to be replaced.



YEAR 5

Year 5 had a brilliant day learning all about Egyptians and the mummification process. They participated in mummifying a life size doll and saw a real Egyptian Mummy, an ancient Egyptian priest called Iset-Tayef-Nakht along with his coffin and the treasures that were buried with him. After lunch the children explored the different galleries in the museum. A member of staff commented on their excellent engagement and didn't realise there was a school in the museum as they were so well behaved! Well done Year 5.



YEAR 6

Year 6 have started learning how to play in a samba band. Ms Brock has taught us the names of the different instruments, how to keep to a rhythm and what it means when we play a beat 'ostinato'. We are learning how to play a 'Samba Reggae' which we will be performing to our parents and carers as part of our Hola Mexico Celebration.

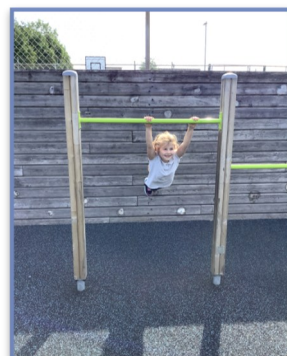
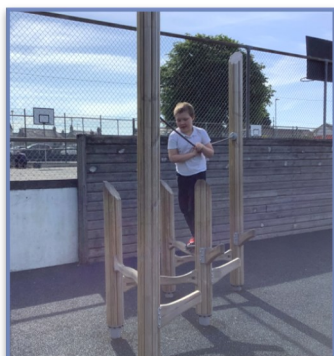


ARB

Mount Charles ARB ended last term with an open afternoon for parents. The children made caterpillars, bumble bees and ladybirds with their parents.

The children have begun their new topic by introducing 'The Rainbow Fish'. They have been learning about how to share, as the Rainbow fish shared his scales with the other fish, and have made some different creatures during craft activities.

The children have been very excited this term as they are having the opportunity to develop their climbing and balancing skills using the climbing equipment in the playground.



CELEBRATION

Celebrating



RHM—Justin, Marceline, Maude, Abigail

Yr1— Zac, Alffi, Davina-Freya, Isaac

Yr2— Ivy, Eliza, Rose, Adelaide

Yr3— Jack W, Archer

Yr4— Floyd, Ava, Freddie, Libby

Yr5— Malachy, Aaron, Riley, Alex

Yr6— Charlie, Lexi, Leo, Zak

Sports Superstar— Hayley 1NM, Isabelle 3EW

Success

Our attendance trophy was won by:

6th 1NM

13th 5RW

Perfect Attendance!



British Values

Celebrating our British Values Champions :

Year 1: Aaliyah-Faith, Harley-James, Darko, Ralph

Year 2: Dale, Charlie, Avery, Jonny

Year 3: Charlie H, Shelby

Year 4: Lowena, Tommie, Luyanda, Tommie

Year 5: Pearl C, Jasmine, Lewis, Jaiden

Year 6: Lauren, Skye, Ellie, Theo C

REMINDEERS

End of School Year—things to do before the end of term

As we are coming to the end of the school year, please take a moment to:

- Check your ParentPay account for any outstanding debts and make the payment, if possible.
- If your child has borrowed any uniform from school, please return to the office.
- If you have brought any Calpol in for your child this year, please collect any remaining from the school office.

If you have any questions, please contact the school office.

Suncream & Water

With the weather getting warmer, please don't forget to apply suncream to your child before coming to school and bring a sun hat. Please ensure your child also brings a drinks bottle.

Donations



Do you have any card games, similar to Uno, or board games that you could donate to our nurture room? Please bring any donations to the school office.



NOTICES

SEND Secondary Transition TEA & TALK



Wednesday 9th July 2-3pm

SEND Staff from Penrice and Poltair will join us at Mount Charles, providing an opportunity for parents to ask questions, or chat about their child/worries.

2025 SCHOOL UNIFORM SALES

**ALDI – £5 UNIFORM BUNDLE DEALS
START ON SUNDAY 29TH JUNE**



**ASDA – 20% OFF TO START ON
MONDAY 23RD JUNE**



**SAINSBURY'S – 20% OFF EXPECTED
TO START LATER THIS WEEK**

**TESCO – 25% PREDICTED TO START
MONDAY 21ST JULY**



**M&S – EXPECTED TO LAUNCH
ON TUESDAY 1ST JULY**



Contacting the school

Our enquiries email is monitored intermittently during the school hours, 08.00-15.30 Monday to Friday. We aim to get back to you within 48 hours. If the matter is urgent, please call the school office directly. If you have a problem you would like to discuss regarding your child, in the first instance, please contact your class teacher via Class Dojo or at collection/drop off times.



Biggest improvement in accuracy in last 14 days:



- 1st place: Lucas Wright**
- 2nd place: Neelah Adrien**
- 3rd place: Freddie Newcombe**

Most correct answers given over the last 14 days:



- 1st place: Tommie Williams**
- 2nd place: Erynley Gilbert**
- 3rd place: Jack Cundy**

Biggest improvement in studio speed over the last 14 days:



- 1st place: Theodore Eristow**
- 2nd place: Erynley Gilbert**
- 3rd place: Jack Cundy**



TOP THREE!

Biggest increase in number of minutes played in the last 14 days:



- 1st place: Jacob Frost**
- 2nd place: Alexandru Scutaru**
- 3rd place: Louella Curtis-McCoan**

Biggest increase in correct answers in the last 14 days:



- 1st place: Jacob Frost**
- 2nd place: Alexandru Scutaru**
- 3rd place: Edith Everington**



Highest improvement in accuracy in the last 14 days:

- 1st place: Jacob Frost**
- 2nd place: Alexandru Scutaru**
- 3rd place: Madeline Grant**



Diary Dates

June

20th INSET day school closed to children
23rd INSET day school closed to children
W/c 23rd Swimming 6JT—4 days only
24th Year 2 Football @ Biscovey
24th Year 6 Cricket @ St Austell Cricket Club
25th Year 5 MFL day at Penrice
26th **No clubs or Charlies due to staff training**
26th Year 4 Cricket @ St Stephens
27th Sports Day (Reserve date 11th July)
W/c 30th Year 6 Bikeability
30th Somerset Cricket trip

July

4th Non-uniform day Bring sweets for Summer Fayre
7th Parent Consultations Year 1-6
7th Meet the teacher morning
7th Poltair & Penrice transition days
8th KS2 SATS Results Day

8th Nursery tours Stay & Play
8th Nursery (new joiners) home visits
9th Parent Consultations Year 1-6
9th Nursery Stay & Play
9th SEND Secondary Transition Tea & Talk 2pm
10th Year 6 Careers Fayre
10th Year 1 Trip to Newquay Zoo
11th EYFS Reports to parents
W/b 14th Reception home visits begin
17th Year 6 Production for parents 2pm & 6pm
18th PTA Summer Fayre
21st Year 6 Mexican Festival for parents 2pm
22nd Year 6 End of Primary Treat Day
22nd Teddy Bear's Picnic for Sept '25 intake
23rd Nursery Graduation
24th Year 6 Leavers Assembly for parents 2pm
25th Last day of school year 3pm finish

TERM DATES

Summer term 2 2025: Monday 2nd June 2025 - Friday 25th July 2025

INSET DAYS: Friday 20th June 2025 Monday 23rd June 2025

2025-2026

Autumn term 1 2025: Thursday 4th September 2025 - Thursday 16th October 2025

Autumn term 2 2025: Monday 3rd November 2025 - Friday 19th December 2025

Spring term 1 2026: Monday 5th January 2026 - Friday 13th February 2026

Spring term 2 2026: Monday 23rd February 2026 - Thursday 2nd April 2026

Summer term 1 2026: Monday 20th April 2026 - Friday 22nd May 2026

Summer term 2 2026: Monday 1st June 2026 - Friday 24th July 2026

Parenting a child aged 4-11



Solihull - Understanding your child

A 10-week workshop delivered weekly. Each session is 2-hours in length. This hybrid programme gives you the option to attend in-person or virtually on Microsoft Teams

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why sleep is important
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

When?

Tuesdays from 09:30-11:30,
Starting 9th September 2025



To book scan the QR code or click:
[Parenting children aged 0 to 11](#)
and select your preference for in-person or virtual attendance

Where?

St Austell Family Hub, PL25 5AZ
or on Microsoft Teams

Contact us

Email: parenting@cornwall.gov.uk
Website: www.cornwall.gov.uk/parenting



Together
for Families

www.cornwall.gov.uk

Parenting a child aged 0-11



Solihull - Understanding your Child

For Dads and Male Carers

A 10-week workshop delivered weekly. Each session is 2-hours in length.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why sleep is important
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

When?

Thursdays 6-8pm
starting 2nd October 2025



To book scan the QR code or click:
[Parenting children aged 0 to 11](#)

Where?

Delivered virtually over
Microsoft Teams

Contact us

Email: parenting@cornwall.gov.uk
Website: www.cornwall.gov.uk/parenting



Together
for Families

www.cornwall.gov.uk

Information Classification: PUBLIC

Supporting Healthy Relationships

Me You and Baby Too (MYBT)

Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

Arguing Better (AB)

Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

Getting it Right for Children (GIRFC)

Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises



MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Wednesdays 6-8pm	8 th , 15 th , 22 nd Oct Microsoft Teams

AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Wednesdays 6-8pm	10 th , 17 th , 24 th Sept Microsoft Teams
Ages 1-19	Wednesdays 6-8pm	3 rd , 10 th , 17 th Dec Microsoft Teams

GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Wednesdays 6-8pm	5 th , 12 th , 19 th Nov Microsoft Teams

To book onto a workshop, please scan or click here:



[Supporting Healthy Relationships Workshops \(office365.com\)](#)

www.cornwall.gov.uk/parenting

Parenting a child aged 0-11



Solihull - Understanding your Child

A 10-week workshop delivered weekly. Each session is 2-hours in length.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why sleep is important
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

When?

Mondays 6-8pm
starting 8th September 2025



To book scan the QR code or click:
[Parenting children aged 0 to 11](#)

Where?

Delivered virtually over
Microsoft Teams

Contact us

Email: parenting@cornwall.gov.uk
Website: www.cornwall.gov.uk/parenting



Together
for Families

www.cornwall.gov.uk

THE
READING
AGENCY

Summer Reading Challenge

Delivered in partnership with libraries

2025

Story Garden

Adventures in Nature and the Great Outdoors



summerreadingchallenge.org.uk

Runs Sat 5th July - Sat 13th Sept
FREE to join at St Austell Library!

Read six books to collect stickers, prizes AND a medal and certificate when you complete the challenge!



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

Illustrations by Dapo Adeola. All © The Reading Agency 2025

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NHS Cornwall Partnership NHS Foundation Trust

MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Behaviour Workshop

Monday 22 September - 9.30am & 1pm
 Tuesday 23 September - 11am & 4pm
 Wednesday 24 September - 9.30am & 1pm
 Thursday 25 September - 10.00am & 4pm

This workshop provides parents with practical strategies to foster positive behaviour and communication at home.

To book a place please complete the online form
<https://forms.office.com/e/gA2jNGbZ4F> or scan the QR code

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

NHS Cornwall Partnership NHS Foundation Trust

MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Sleep Workshop

Monday 29 September - 11am & 4pm
 Tuesday 30 September - 9.30am & 1pm
 Wednesday 1 October - 9.30am & 1pm
 Thursday 2 October - 10am & 4pm

This workshop aims to provide psychoeducation on sleep hygiene and sleep routines. Also includes practical strategies for helping children

To book a place please complete the online form
<https://forms.office.com/e/6cJiu8ParV> or scan the QR code

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

NHS Cornwall Partnership NHS Foundation Trust

MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Resilience Workshop

Monday 15 September - 9.30am & 1pm
 Tuesday 16 September - 10am & 4pm
 Wednesday 17 September - 11am & 1pm
 Thursday 18 September - 9.30am & 4pm

This workshop aims to talk about the meaning of resilience, explore building resilience and look at how and when a young person should ask for help.

To book a place please complete the online form
<https://forms.office.com/e/260T74xF2v> or scan the QR code

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

NHS Cornwall Partnership NHS Foundation Trust

MENTAL HEALTH SUPPORT TEAM - MHST

Parents and Carers - please join us at our 1hr online Worry Workshop

Monday 8 September - 9:30am & 1pm
 Tuesday 9 September - 10am & 4pm
 Wednesday 10 September - 9:30am & 1pm
 Thursday 11 September - 11am & 4pm

This workshop aims to provide psychoeducation on "What is worry?" and "Why does my child worry?" Also includes practical strategies for helping children manage their worries.

To book a place please complete the online form
<https://forms.office.com/e/hkyaFeuY1Z> or scan the QR code

This workshop is open to parents/carers of school aged children enrolled in Reception to Year 7 in any school in Cornwall

St Austell Town Council and Young People Cornwall are taking their games on a tour of the parks in St Austell from Monday 7th July, so everyone can enjoy them.

All dates will run from 3:30pm to 5:30pm.

Bethel Park - Monday 7th July

Truro Road Park - Wednesday 9th July

Woodland Road Park - Thursday 10th July

The Meadows Open Space - Monday 14th July

Top of Linear Park - Wednesday 16th July

Poltair Park - Thursday 17th July

Representatives from Young People Cornwall will be onsite at each event to provide assistance and organise group races and games.

St Austell Town Council **Young People Cornwall**

PARK GAMES

WOODLAND ROAD PARK

THURSDAY 10TH JULY

3:30PM - 5:30PM

Giant Garden Games & Play Equipment

Wobble Boards Space Hoppers

Giant Snakes & Ladders Hula Hoops

Football Games

Giant Connect 4 Basketball

Group Games & Races Throwing & Catching Games

Giant Jenga

Organised by St Austell Town Council & [@staustelltowncouncil](#)
Facilitated by Young People Cornwall [St Austell Town Council](#) www.staustell-tc.gov.uk