

ONE

4 Sept, 25 Sept, 16 Oct
13 Nov, 4 Dec

TWO

11 Sept, 2 Oct, 30 Oct
20 Nov, 11 Dec

THREE

18 Sept, 9 Oct, 6 Nov
27 Nov, 18 Dec

AVAILABLE
EVERY DAY...

Sausages with Mashed Potatoes & Gravy
Quorn Sausages & Mash with Gravy
Cauliflower & Peas
Wholemeal Plum & Vanilla Crumble
with Custard
Yoghurt / Fresh Fruit Platter

Shepherd's Pie with Gravy
Sweet & Sour Vegetables with Noodles
Carrots & Green Beans
Apple & Raisin Flapjack
Yoghurt / Fresh Fruit Salad

Roast (as advertised) with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy
Savoy Cabbage & Swede
Carrot & Courgette Cake with Custard
Yoghurt / Fresh Fruit Platter

Chicken Tikka with Rice
Creamy Vegetable Pie
with Mashed Potato Topping
Sweetcorn & Peppers
Dutch Apple Pie & Custard
Yoghurt / Fresh Fruit Salad

MSC Salmon Fishcake
with Chips
Macaroni Cheese with Garlic Sauce
Baked Beans & Garden Peas
Lemon Drizzle Cake
Yoghurt / Fresh Fruit Chunks

Beef Burger with Jacket Wedges
Vegetable Lasagne Jacket Wedges
Coleslaw & Sweetcorn
Orange Bread & Butter Pudding
with Custard
Yoghurt / Fresh Fruit Platter

Chicken Neapolitan Wholemeal Pasta
Lentil & Basil Puff Pastry Turnover with New Potatoes
Broccoli & Carrots
Wholemeal Banana Loaf
Yoghurt / Fresh Fruit Chunks

Roast Turkey with Roast Potatoes & Gravy
Mixed Vegetable Loaf with Roast Potatoes & Gravy
Carrots & Courgettes
Vanilla Shortbread
Yoghurt / Fresh Fruit Salad

Spaghetti Beef Bolognese
Lentil & Sweet Potato Curry with Rice
Roasted Mixed Vegetables
Eves Pudding with Custard
Yoghurt / Fresh Fruit Platter

MSC Fish Fingers with Chips
Cheese & Tomato Quiche with Chips
Baked Beans & Garden Peas
Chocolate & Beetroot Brownie
Yoghurt / Fresh Fruit Chunks

BBQ Chicken Pizza with Jacket Wedges
Bean Vegetable Chilli with Rice
Sweetcorn & Mixed Peppers
Pear Sponge with Custard
Yoghurt / Fresh Fruit Platter

Minced Beef & Onion Pie
with Mashed Potatoes
Vegetable Wholemeal Pasta Bake
Green Beans & Glazed Carrots
Rice Pudding with Mixed Berries
Yoghurt / Fresh Fruit Salad

Roast Chicken with Stuffing with Roast Potatoes & Gravy
Vegetable Wellington with Roast Potatoes & Gravy
Savoy Cabbage & Sweetcorn
Cheese, Apple & Biscuits
Yoghurt / Fresh Fruit Chunks

Beef Lasagne
Red Pepper Frittata with New Potatoes
Broccoli & Tomato Salad
Apple & Raisin Strudel with Custard
Yoghurt / Fresh Fruit Salad

MSC Breaded or Battered Fish with Chips
Cheese & Tomato Pizza with Chips
Garden Peas & Baked Beans
Yoghurt / Fresh Fruit Platter

Jacket Potatoes

freshly cooked daily where advertised with a choice of fillings

Bread

freshly baked on site daily

Daily salad selection

there will be a selection of salad items available daily

Fresh Fruit & Yoghurt

available daily

WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON

All our menus are
nutritionally analysed to
ensure they meet and in
most cases exceed
The School Food Standards
We hope your child enjoys
our new menus.

Menus could be subject to
local change, please check
your child's school for any
bespoke changes.



Vegetarian option



Oily fish



Marine Stewardship
Council details
Web: www.msc.org
Chain of Custody
Registration Code
MSC-C-51995

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY