Reception, Year 1 & 2 Free
Year 3, 4, 5 & 6 £2.30

Week one



If you don't fancy dessert, you can always enjoy fresh fruit or yoghurt

17/4, 8/5, 6/6, 26/6, 17/7

Monday

Pasta Pack's Beef Bolognese
Organic Beef in an Italian Tomato Sauce with Wholegrain Pasta, Salad and Garden Peas
Mega Mozzarella and Tomato Pizza *(V)*
Cheese and Tomato Pizza with Potato Wedges, Salad and Garden Peas
Silvertop's Yoghurt with Peach Compote

Tuesday

Beef Pie
Organic Beef and Onions Topped with a Shortcrust Pastry Lid with New Potatoes, Gravy, Green Beans and Roasted Vegetables
Pasta Pack's Neapolitan Cheesy Pasta *(V)*
Pasta in a Tomato Sauce topped with Cheese, with Green Beans and Roasted Vegetables
Apple Cake with Custard

Wednesday

Roast Turkey with Bud's Crispy Spuds
Red Tractor Turkey with Cabbage, Carrots and Gravy
Super Quorn Roast with Bud's Crispy Spuds *(V)*
with Cabbage, Carrots and Gravy
Berry Chill

Thursday

BBQ Chicken
Red Tractor Chicken Thigh in a Smokey Barbeque Sauce with Sweet Potato Mash, Coleslaw and Sweetcorn
Mexican Vegetable Chilli *(V)*
Vegetables in a Mild Tomato Sauce with Wholegrain Rice, Coleslaw and Sweetcorn
Oat Cookie

Friday

MSC Battered Fish
Crispy Battered Pollock Fillet with Chips, Baked Beans and Garden Peas
Vegetable Curry and Chickpea Wrap *(V)*
Tortilla Wrap filled with Curried Vegetables and Chickpeas with Chips, Baked Beans and Garden Peas
Chocolate and Mandarin Sponge with Chocolate Sauce

Week two



Jacket Potatoes are available every day with a choice of filling

24/4, 15/5, 12/6, 3/7, 24/7

Monday

Pasta Packs' VegeBalls *(V)*
Vegetarian Meatballs in a Tomato and Basil Sauce with Wholegrain Pasta, Salad and Broccoli
Super Hero Mac 'N' Cheese *(V)*
Macaroni in a Cheddar Cheese Sauce with Salad and Broccoli
Strawberry Frozen Yoghurt

Tuesday

Bangers with a Mash Mountain
Farm Assured Pork Sausages with Creamy Mashed Potato, Gravy, Garden Peas and Baked Beans
Sweet Potato Gumbo *(V)*
Cajun Spiced Southern Stew with Rice and Peas, Baked Beans and Garden Peas
Fruity Flapjack

Wednesday

Roast Beef with Bud's Crispy Spuds
Organic Beef with Carrots, Green Beans and Gravy
Bean and Chive Frittata with Bud's Crispy Spuds *(V)*
Italian Style Soya Bean Omelette with Carrots and Green Beans
Mini Chocolate Brownie with Fresh Banana Slices

Thursday

Beef Mexican Chilli
Organic Beef in a Mild Tomato Sauce with Wholegrain Rice, Sweetcorn and Broccoli
VegeBangers with a Mash Mountain *(V)*
Vegetarian Sausages with Creamy Mashed Potato, Gravy, Sweetcorn and Broccoli
Pineapple Upside Down Cake and Custard

Friday

MSC Fish Fingers
Golden Cod Fillet Fish Fingers with Chips, Garden Peas and Salad
Vegetable Lasagne *(V)*
Layers of Pasta and Vegetables Topped with a Cheesy Sauce with Garden Peas and Salad
Jelly and Ice Cream

Week three

1/5, 22/5, 19/6, 10/7

Monday

Cheese and Tomato Pizza
Cheese and Tomato Pizza with Potato Wedges, Broccoli and Sweetcorn
Pasta Packs' Tomato and Basil Pasta Bake *(V)*
Wholemeal Pasta in a Rich Tomato and Basil Sauce with Broccoli and Sweetcorn
Silvertop's Cool Ice Cream Pot

Tuesday

Chunky Chicken Bite
Farm Assured Chicken Thigh Baked in Breadcrumbs with Pasta Salad, Green Beans and Coleslaw
Cheese and Red Onion Quiche *(V)*
Sweet Red Onion and Cheese in a Shortcrust Pastry Tart with Pasta Salad, Green Beans and Coleslaw
Raspberry Ripple Cake

Wednesday

Roast Beef with Bud's Crispy Spuds
Organic Beef with Cabbage, Carrots and Gravy
Cheesy Baked Bean Bubble and Squeak *(V)*
Cheesy Potato, Onion, Cabbage and Baked Bean Mash with Cabbage and Carrots
Chocolate Fruity Crispy

Thursday

Beef Lasagne
Organic Beef in a Tomato Sauce with Layers of Pasta and White Sauce *with Garlic and Herb Bread, Garden Peas and Salad*
Roasted Cauliflower and Chickpea Korma *(V)*
Vegetables in a Creamy Curry Sauce with Basmati Rice, Garden Peas and Salad
Custard Biscuit with Fresh Fruit Slices

Friday

MSC Crispy Fish Fillet
Smartcrumb Salmon Fillet or Cod Fish Fingers with Chips, Baked Beans and Sweetcorn
BBQ Quorn and Bean Wrap *(V)*
Tortilla Wrap Filled with a Quorn Fillet and Red Kidney Beans in a Smokey Sauce with Chips, Baked Beans and Sweetcorn
Apple Crumble and Custard

Available everyday:
- Fresh salad bar
- Fresh baked bread
- Fresh fruit and Yoghurt
- Jacket Potatoes with a choice of fillings

Our menus are Gold FFL accredited and include:
- Fresh Organic Beef
- Fresh Free Range Pork
- Fresh Red Tractor Chicken
- Farm Assured Sausages and Burgers
- Free Range Eggs
- MSC Fish – Sustainably Sourced Fish



There is a vegetarian choice every day... and don't forget that salad is available daily.

Our dishes contain increased levels of:
- Fruit & Vegetables
- Pulses & Wholegrains

to ensure a nutritious, balanced meal everyday.

Our Suppliers provide the freshest local ingredients:
- Westcountry Fruit and Vegetables
- Scorse Butchers
- Trewithen Dairy
- Proper Cornish



Keep yourself topped up with water – it will help you concentrate all day long.