PE & SPORTS PREMIUM - MOUNT CHARLES SCHOOL



Introduction

Mount Charles has a very good reputation as a strong sporting school across Cornwall for many years. The school has given a great deal of time and money, particularly in curriculum time, to ensure virtually every child can swim. Last year over **92% of the Year 6 children** were able to swim the national benchmark of 25 metres or more, which is exceptional compared to national figures which show that only half of all Primary children can swim this distance (ASA 2014). Mount Charles offers a wide range of club activities at both lunch time and after school (see lists later in document) giving every opportunity for children to exercise and compete in numerous teams, which enter local and county competitions. Last year the school accessed bowls coaching through St.Austell Bowls Club as part of entering the Cornwall School Games. Indeed the school has been involved with the games since its inception with a good deal of success at the finals including being county champions in swimming. As well as swimming the school has managed to reach the finals in tag rugby, badminton, aquathlon, tennis, hockey, basketball, netball and cricket.

Although Mount Charles has always provided healthy competition through team games, they have always encouraged as many children as possible (Sport for All approach) to attend clubs and keep healthy. Links within the curriculum, Science in particular, are made and the importance of healthy eating/exercise emphasised. Wake and Shake (Juniors), Huff and Puff (Infants) have been set up so that pupils can become more active in school time. Pupils have the opportunity at break/lunch times to play football/basketball/handball/netball and exercise on the school outdoor play equipment across four play areas. At lunch times prefects and older children help the Infants play with bats, balls, skipping ropes and other play equipment. The Infants take part in daily Huff and Puff with their classes whilst the Junior pupils do a daily five minute run/walk. Before school Fitness Fun club offers a chance for children to improve their co-ordination and fitness.

PLANS FOR PE PROVISION MONEY 2016 - 2017

Last year it was recognised more could be offered for the Infants and a Dance Club was established after school. This year through PE Premium money a **Gymnastics Club** has started which will run until a **football club** starts after Easter run by Plymouth Argyle coaches, who will provide curriculum time coaching for the infants as well. A **Girl's Football Club** has recently started as an after school activity and been well supported by the Junior girls. Because the school has joined **The Mid Cornwall Sports Network** it is able to access an increasing number of events targeting the Infants such as football, hockey, cross country and gymnastics festivals.

The school will continue to enter the **Cornwall School Games competitions** and a good deal of our PE Provision money goes towards transport and teacher supply cover for staff to take teams to take part. It hoped some of our staff will receive mini bus training in order to reduce transport costs through possibly a mini bus lease scheme. A good deal of money will be used to introduce a **new PE scheme** across the school in order to ensure even coverage and provide extra resources for teachers. At the same time **Outdoor and Adventurous activities** will be reviewed with a view to increase opportunities within curriculum time both on and off site. **New football and netball kits** have been purchased as well as investigating the possibility of more permanent **basketball posts**, dependent on possible playground surface renewal. Money has been set aside to replace **PE consumables** as well as possible training for members of staff. A more detailed breakdown is available on the Time to Move Audit sheet attached.

TIRE MOVE Cornwall Framework for PE & School Sport

PRIMARY PE & SPORTS PREMIUM STATEMENT



Background - The primary school sport premium is £150 million per annum of new government funding jointly provided by the Departments for Education, Health and Culture, Media and Sport. Investment will go direct to individual primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport in addition to the new curriculum through to 2016/17.

Outcomes - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer including;

- The engagement of all pupils in regular physical activity kick-starting healthy active lifestyles
- The profile of PE and sport being raised across the school as a tool for whole school improvement
- Increased confidence, knowledge and skills of all staff in teaching PE and sport
- Broader experience of a range of sports and activities offered to all pupils
- Increased participation in competitive sport

Funding - Individual schools will receive circa £8000-9000 per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2016/17	£ 9,820

Accountability & Impact - Schools are required to keep parents informed and publish plans for deployment of premium funding on their website by April of each academic year. Schools will be expected to track pupils to be able to show what improvements have been made and <u>evidence the impact</u> of the sport premium. From September 2013, <u>Ofsted</u> inspectors will assess and report on how effectively this new funding is being used when making the judgement on the quality of the school's leadership and management.

Lead member of staff responsible	David Dellelliali	Lead Governor responsible	Paula Matthews
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Time 2 Move - 'Time2Move' is the Cornwall Framework for PE and School Sport. It has been produced by a range of key stakeholders here in Cornwall including Head Teachers and subject specialists taking into account the outcomes of the primary sport premium and Ofsted recommendations. For those schools seeking a comprehensive school sport offer it provides a blueprint to develop excellent delivery both within and outside the school gates. As part of this initiative schools are provided with advice and guidance including a self-assessment audit and action planning template (for further information go to www.cornwallsportspartnership.co.uk/pe-and-school-sport). The following table outlines plans for the deployment of the sport premium funding this year set against the ambitions of the framework.



PRIMARY PE & SPORTS PREMIUM STATEMENT



Area of Focus & Outcomes	Actions (Actions identified through self-review to improve the quality of provision)	Funding (Planned/ actual spend)	Impact (Anticipated/actual effect on pupils including measures/evidence)	Future Actions & Sustainability (How will the improvements be sustained and what will you do next)
Curriculum Delivery engage young people in a high quality, broad and balanced curriculum	Research and purchase a new PE scheme Replace/purchase new equipment and	£1000	Ensure good coverage of the PE curriculum by providing additional resources for the teaching staff to deliver quality PE alongside existing resources. The new scheme is to have Outdoor and Adventurous activities which can be delivered across the key stages. Enable the delivery of good quality	Review Outdoor and Adventurous activities including residential opportunities with a view to buying in instructors or attend day events. Audit PE activities/use of available space across the school so that classes get sufficient access to the hall for gymnastics & dance. Investigate replacing
	consumables Infant Huff and Puff and lunchtime equipment	£500	PE Encourage more children to take part at lunch time and provide resources to deliver Huff and Puff to maximise its effect	basketball boards/rings with permanent posts
Physical Activity, Health & Wellbeing	Work alongside the Healthy Schools co- ordinator in school to promote increased activity levels and healthy eating through a cross curricular approach		Pupils develop a greater awareness of the importance of diet and exercise. Work towards and achieve the Healthy Schools award	Activity surveys of clubs/teams (termly)
all young people are aware of health related issues and are supported to make informed choices to engage in an active and healthy lifestyle	Continue involvement with Chartwells' Healthy Eating initiative and the Ready Steady Cook Assembly as well as classes across the key stages accessing free cookery sessions within school	Free!	Pupils become more aware of healthy options	Continue link with Chartwells to maintain a healthy eating focus and encourage all classes to take up the offer



PRIMARY PE & SPORTS PREMIUM STATEMENT



Diverse & Inclusive provide a fully inclusive offer that recognises the diverse needs of specific groups and identifies tailored opportunities for all young people	Survey parents and children (through the School Council) for suggestions of new clubs/activities. Prioritise Infant extra-curricular opportunities eg Gym/dance/football clubs Work with SEN co-ordinator to ensure pupils with additional needs get access to the PE curriculum through their year group	£1000 approx.	Increase participation/activity levels across the school Increase activity levels in KS1 Maintain/improve activity levels of children with additional needs across the school	Feedback to parents/children with results and target most popular sports. Look to establish new clubs according to demand. Encourage members of staff to take clubs/teams Investigate cost of coaches and availability – keep a specific day in hall timetable for Infant clubs Meet with SENCO to discuss/access
	Entry to Cornwall Games competitions across a range of sports with teaching cover and transport to/from venues	£4700 approx	Pupils are able to experience a wide range of sporting competitions culminating in the School Games finals. To motivate children to continue in sporting activities and maintain healthy life styles	Travel costs are increasingly expensive, therefore mini bus hire/lease will be investigated with money set aside to possibly train staff as drivers
Competitions Provide a well organised, appropriate and enjoyable programme of competitions and festivals for students of all abilities	Membership of Mid Cornwall Sports Network Membership of local sports associations e.g St.A Primary schools Football/netball/athletics	£1250 £200	Pupils are given the opportunity to compete against local schools in leagues and festivals	
	Replace old team kit – football and netball	£700 approx	Pupils take a pride in their appearance when representing the school	Seek sponsors to reduce costs



PRIMARY PE & SPORTS PREMIUM STATEMENT



Leadership, Coaching & Volunteering provide pathways to introduce and develop leadership skills	Prefects and older KS2 pupils help/play with younger KS1 children at lunchtimes Purchase new/replace old equipment to provide a range of activities to include ball skills, skipping etc	See above	Younger pupils benefit from increased activity levels, develop physical skills and learn about rules. Older children improve leadership skills	Regular inventories of play equipment
Community Collaboration ensure opportunities for young people of all abilities to extend their school activity transitioning into sustained community based sport	Continue to maintain links with local football/rugby/golf/swimming/athletics clubs		Pupils join local clubs in their own time which will contribute to developing increased activity levels and healthy life styles	Distribute flyers of activities at weekends/holidays. Attend invites for coaching/festivals Look for new opportunities eg Bowls/tennis/martial arts clubs
Workforce increased confidence, knowledge and skills of all staff in teaching PE & sport	Purchase of new PE scheme to help staff deliver he PE curriculum with greater confidence Find two members of staff to take the minibus driving test Survey staff to establish which courses/skills they wish to take/improve	See above £600?	Greater confidence when delivering the curriculum with additional resources at hand e.g dance CD's Help reduce the escalating costs of hiring transport Improve confidence of delivering PE	Investigate additional resources, replace lost/broken items Investigate courses

Expenditure so far this year

Val Sabin PE Scheme £990

Dance resources Rec. £39

Football Kits x 3 £438.55 (£780 but £250 from sponsor)

Netball Kit £ 230 (sponsor possibly to share costs)

Infant play equip £116.80 (Mrs.Kurth)

Class set of shin pads

Safe practice in PE £44.99 + postage (£5.50)

Transport £1692 (8/3/17)

Supply costs £1141.70 (8/3/17)

Mid Cornwall sports Net £1250 (June)

Gym club coach 14 x £30 £420

Girls football coach 6 x £40 £240

Consortium/Davies £503.16 (balls/consumables/infant equip)

Total to date: **£7111** (8.3.17)

Costs throughout the rest of the year:

Basketball bus to Newquay plus supply £120 + £89 = £209

Bus to Bude for schools final plus possible cover? £300

Cover for bowls training and transport to qualifier £400

Tennis comp costs – £50 approx

Mini bus training for staff £240

Transport/cover costs to 3 cricket comps £270 + £360 = £630

Transport/cover Par athletics = £60 + 1 cover? £89

Swim gala = £30

Sports trust £200

Local association fees £20

Cricket entries £20

APPROX COSTS TO COME: £2199 TOTAL SPEND = £9330.20 ALLOWANCE = £9820

EXTRA COSTS: 3 x Additional Swim coaches £3,598 (employed above and beyond the two teachers & two TA's provided for each year group's swimming lessons)

Plymouth Argyle coaching for an Infant after school club in the summer term could come out of the gymnastics money allocated at the start of the year as they will recommence in the Autumn term with dance. Therefore Infants get a different choice each term paid for by PE Premium.

PE PREMIUM – progress this school year September 2016 – April 2017

The Infants have attended three new events put on by the Mid Cornwall Sports Network (membership paid for by PE Premium money) – Hockey, Cross country and a Football festival using PE money for teacher cover and some transportation. More playground equipment has been purchased for the Infant yard (low basketball unit, bell ball etc) and Huff & Puff activities (bean bags, soft balls, bats, quoits etc) at lunchtimes. The activity survey showed very encouraging levels of participation across the key stages at both break times and lunch times, which we hope to maintain and indeed improve. The infants take part in daily Wake and Shake activities whilst the Juniors walk/run for five minutes every morning.

The **juniors** play Handball (new this year), Football and basketball at break/lunchtimes as well as accessing the Huff & puff yard at lunchtime. There is a high take up of these activities and PE Premium money is used to top up/add resources. The school have entered the majority of Cornwall Games qualifying competitions in a wide variety of sports including, swimming, netball, hockey, basketball, cross country, indoor athletics, bowls, tri golf, biathlon, quad kids athletics. A new Yr 3/4 Tag rugby club was established after school using PE Premium money to buy additional tags with up to forty children attending.

Parents and children have been surveyed to find out what clubs/activities they would like and we have managed to introduce a new gymnastics club for the infants and an Infant football club will begin in the forthcoming Summer term, all paid for by PE Premium money. An Infant Dance Club will also be starting in September.

Lots of our PE and Sports Premium money has paid for transport this year so far especially as using parents cars has been severely reduced due to Safeguarding/Health & Safety issues. We have been investigating the costs of leasing a mini bus in the future and some PE Premium money may be used to train teachers to drive it. Permanent basketball posts have been investigated but plans have been delayed until the playgrounds are possibly resurfaced.

Overall we have made a great deal of progress and by using PE and Sports Premium money managed to get large numbers of children competing/taking part in activities across the key stages. We intend to keep these levels high and indeed improve where possible by resourcing existing activities and look to buy in coaches to provide additional extra-curricular clubs that teachers cannot provide. Long term sustainability is achievable by continued investment in improving resources/equipment, staff training, increasing club opportunities and maintaining our school's very good reputation for sporting activities.

<u>LATEST SURVEY RESULTS – March 2017 (Autumn and Spring Terms 2016 - 2017)</u>

Even allowing for slight inaccuracies when classes collect the data by a show of hands, the overall results are very encouraging.

<u>SPORTS CLUBS</u> In the Juniors (Years 3 – 6)

30% of children are going to one sports club

20% are attending two sports clubs

29% are participating in three or more sports clubs.

Overall 73% are making the most of the variety of sports clubs available

27% not attending any clubs will be targeted in the summer term to join one of the many opportunities open to them.

Year 5 - 89% of the year group attended clubs

Year 4 - 75% "

Year 6 - 69% "

Year 3 - 66% "

BREAKS AND LUNCH TIMES

87% of the Juniors are playing Basketball

66% play Handball (new this year)

61% play Football in the yards

80% have joined in with the Huff & Puff activities at lunchtimes

26% have joined in with the Wake & Shake

TEAMS

Pupils represented the school in Tag rugby, football, netball, swimming, cross country, Indoor athletics, basketball, hockey, tennis and Tri golf with athletics, cricket, biathlon and bowls to come in the Summer term.

INFANTS Years 1 & 2

64% of Year 1's are getting involved in club activities and only 22% are not getting involved in Year 2, which should improve further when the football club starts in the Summer term. The Fitness club was very popular with **49%** of year 1's and 2's attending.

BREAKS AND LUNCHTIMES

81% have joined in with Huff & Puff at lunchtimes

48% play football at break times

TEAMS

Pupils have, or will, represent the school in Hockey, Football, Cross country and Athletics – a big increase in competitive team games this year as more opportunities have become available.

OVERALL

Mount Charles continues its long standing reputation as a successful, sporty school that offers an increasingly wide range of teams and sporting activities both in and out of school hours. Introducing Handball at break and lunch times this year in the juniors has increased activity levels and the Infants are becoming more involved in team sports through the school being a member of the Mid Cornwall Sports Network. A wider range of clubs are also being introduced for the Infants. Extra play equipment has proved popular for both Junior and Infant children during lunch times and has had a very positive effect on behaviour.

MOUNT CHARLES SCHOOL

CLUBS & EXTRA CURRICULAR ACTIVITIES - AUTUMN TERM 2016

MON.	Practice Wake 'n' Shake	12.00-12.30	Mrs. Degenhardt	6CD
	Football Squad (A & B teams) & Football Squad (Years 3&4)	3.00 3.50	Mr. Walters/Mr. Grigg/ Mr. Rees	Field
TUES.	Wake 'n' Shake	8.30-8.40	Mrs. Degenhardt	Yard
	Football - Non-Squad (Years 3&4)	12.00-12.30	Mr. Grigg	Field
	Maths Club (Year 6)	12.00-12.30	Mrs. Degenhardt	6CD
	Infant Gymnastic Club	3.00 - 3.50	Aspire	Main Hall
WED.	Tag Rugby (Years 5&6)	12.00-12.30	Mr. B./Mr. Rees	Field
	X-Country (Juniors)	12.00-12.30	Mr. Leathes	Field
THURS	Infants' Sports	12.00-12.20	Mrs. B.	Field
	Non-team & Girls' Football (Years 5&6)	12.00-12.30	Mr. Walters	Field
	Fitness Fun Club for Infants	12.00-12.30	Miss Clark	Top Yard
	Netball (Years 5&6)	3.00-4.00	Miss Jarvis	Yard/Hall
	Tag Rugby (Years 3&4)	3.00-3.50	Mr. B. & Mr. Rees	Field
FRI.	Wake 'n' Shake	8.30-8.40	Mrs. Degenhardt	Yard
	Tri-Golf (Years 4,5 & 6)	12.00-12.30	Mr. B.	Field
	Speed Swimming (Years 3-6 - by invitation)	3.00-3.30	Mr. B./Mrs. Meens/Mrs. Gray	Polkyth

MOUNT CHARLES SCHOOL

CLUBS & EXTRA CURRICULAR ACTIVITIES - SPRING TERM 2017

MON.				
	Football Squad (A & B teams) & Football Squad (Years 3&4)	3.00-3.50	Mr. Walters/Mr. Grigg/Mr. Rees	Field
TUES.	Football - Non-Squad (Years 3&4)	12.00-12.30	Mr. Grigg	Yard
	Infant Gym Club with Aspire	3.00-4.00	Aspire	Main Hall
WED.	X-Country (Juniors)	12.00-12.30	Mr. Leathes	Field
	Tag Rugby (Years 5&6)	12.00-12.30	Mr. B./Mr. Rees	Field
	Girls Football (KS2) until Easter	3.00 - 4.00	Linzi Hall/Helen Gray	Field
THURS.				
	Sports Club for Infants	12.00-12.30	Miss Clark/Mrs. Behennah	Top Yard
	Netball (Years 5&6)	3.00-4.00	Miss Jarvis	Yard/Hall
	Tag Rugby (Years 3&4)	3.00-4.00	Mr. Rees/Mr. B.	Field
FRI	Speed Swimming team (Years 3-6 - by invitation)	3.00-3.30	Mr. B.	Polkyth

MOUNT CHARLES SCHOOL

CLUBS & EXTRA CURRICULAR ACTIVITIES - SUMMER TERM 2016

MON.	Cricket (Years 5&6)	12.00-12.30	Mr. Walters	Field
	Practice Wake 'n' Shake	12.00-12.30	Mrs. Degenhardt/Y6	6CD
	Cricket Squad (Years 4, 5&6) - by invitation	3.00-3.50	Mr. Walters, Mr. B., Mr. Rees	Field
TUES.	Wake 'n' Shake	8.30-8.40	Mrs. Degenhardt/Y6	Yard
	Athletics (Years 3-6)	3.00-3.45	Mr. Walters/Mr. B./Mr. Rees	Field
WED.	Cricket (Years 3&4)	12.00-12.30	Mr. Rees	Field
	Dance Club (Year 1)	3.00-4.00	Alice Walker/Mrs. Meares	Main Hall
THURS	Fitness Fun Club for Infants	12.00-12.30	Miss Clark	Top Yard
FRI.	Wake 'n' Shake	8.30-8.40	Mrs. Degenhardt/Y6	Yard
	Tri-Golf (Years 4, 5&6)	12.00-12.30	Mr. B./Mr. W.	Field
	Speed Swimming team (Years 3-6 - by invitation)	3.00-3.30	Mr. B.	Polkyth

RESULTS OF THE SPORTS CLUBS SURVEY

Many thanks to those parents who returned the tear off forms; we will use the information and look into the feasibility of providing new sports clubs/opportunities throughout the remainder of this year and into the next school year.

Number of parental replies: 39

Fifteen different sports were put forward as potential clubs by **Infant parents**, however the most requests were for:

- 1. Dance and gymnastics (equal)
- 2. Badminton and swimming (equal)

Twenty different sports were put forward by **Junior parents** as potential club activities:

- 1. Tennis and dance (equal)
- 2. Gymnastics
- 3. Basketball and Yoga (equal)

Several parents of children in 7H wanted money to be used to provide adult support for children with additional needs at extra-curricular clubs.

School Council results:

Infants asked for eleven different sports although not all classes replied, therefore there was not a favourite choice.

Juniors asked for thirty three different sports and the top three were:

- 1. Hockey
- 2. Tennis
- 3. Gymnastics and Badminton (equal)

WHAT THE SCHOOL HAS DONE THIS YEAR SO FAR:

It was clear that more club activities could be provided for the **Infants** and a free **Gymnastics Club** paid for by PE Premium money was set up on Tuesdays after school. During the Summer term Plymouth Argyle will be taking an Infant **football club** after school as well as providing coaching during school lesson time. In September a free Infant **dance club** will run after school through to Christmas. It is very encouraging that the Mid Cornwall Sports Network (Mount Charles is a member through PE Premium money) are putting on more sporting opportunities/festivals especially for Infants e.g football, cross country, hockey, athletics and gymnastics.

The **juniors** already have a wide range of clubs to choose from but with **girl's football** an ever growing sport, the school is now paying (PE Premium money) for an after school club on Wednesdays. We have applied for a place in the Chance to Shine scheme, which provides after school **cricket**, throughout the summer term as well as cricket coaching during school time in the Summer term. We will hopefully continue with Tri Golf coaching for both Infants and Juniors throughout the Summer and possibly Autumn terms. The juniors also benefit from entry into the **Cornwall School Games** competitions and PE Premium money is set aside to pay for transport and supply cover in order to attend; Tri golf, Tag rugby, hockey, tennis, Indoor athletics, swimming, cricket, bowls, basketball, Aquathlon, Quad kids to name some of the sports we enter. On top of this we pay for entry into other local football/netball/cricket/athletics league/cup competitions as well as county cup competitions. Activity levels amongst our children appear very positive after conducting a club/school team survey, however we are always looking to improve.

Setting up new clubs/activities can be hampered by indoor hall availability, which is always an issue especially when we encounter bad weather and clubs cannot use the largest playground after school, as it is used as a car park due to limited parking space. Despite these problems we will endeavour to look for new club opportunities throughout the rest of this year and into the next school year in September.

Many thanks

Mr.B P.E. Co-ordinator

2015 - 2016 Sports Successes and festivals

Premium money used for entries/transport/supply cover

Swimming: -

Swim team won the St.Austell Schools Gala for the 17th successive year

Yr 6 Boys team became Cornwall Games Champions

Yr 6 Girls team finished 7th at Cornwall Games Gala finals

92% of year 6 children left school having passed the national target of 25 metres (approx. x2 the national average)

Cricket:-

Year 5 Softball team finished 3rd in Cornwall Finals

Yr 6 Softball team participated in Cornwall Games qualifiers

Athletics:-

Yr 2 Quad kids team - Mid Cornwall Winners

District Sports (40+ KS2 pupils) – finished runners up overall

4 x 1st, 2 x 2nd & 3 x 3rd places

Cornwall Schools Athletics -

Yr 6 Girls 75m champion,

2nd Yr 4 Girls 50m, 2nd Girls Ball throw, 2nd Girls Speed bounce, 2nd Boys Speed bounce,

3rd Yr 5 Boys 150m, 3rd Yr 6 Girls 150m, 3rd Girls High Jump

Year 5 Boys – 3rd in Aquathlon at Cornwall Games Finals

Cross Country:-

S.Restormel League Year 6 Girls team 3rd

Hockey:-

Finished 6th in Cornwall Games Finals?

Badminton:-

Yr 4 team finished 3rd in Cornwall Games Finals

Tag rugby:-

Reached the East Cornwall Finals – knocked out in the semi finals

Reached Cornwall Games Finals finished 8th

Yr 3/4 fixtures with Newquay Junior (only one other school in area offers lower Junior teams)

Tri golf:-

Team (5 girls & 5 boys) attended the Cornwall Games area final qualifier in Newquay

Bowls:-

Took part in Cornwall Games qualifying festival for first time

NOT USING SPORTS PREMIUM MONEY

Dance club established on Wednesdays for KS1 and latterly Year 3 which ran after school, with 25 pupils attending most weeks.

Tri golf coaching – a St.Austell professional came into school to coach pupils and the Tri Golf team went to St.Austell Golf Club for coaching on the range.